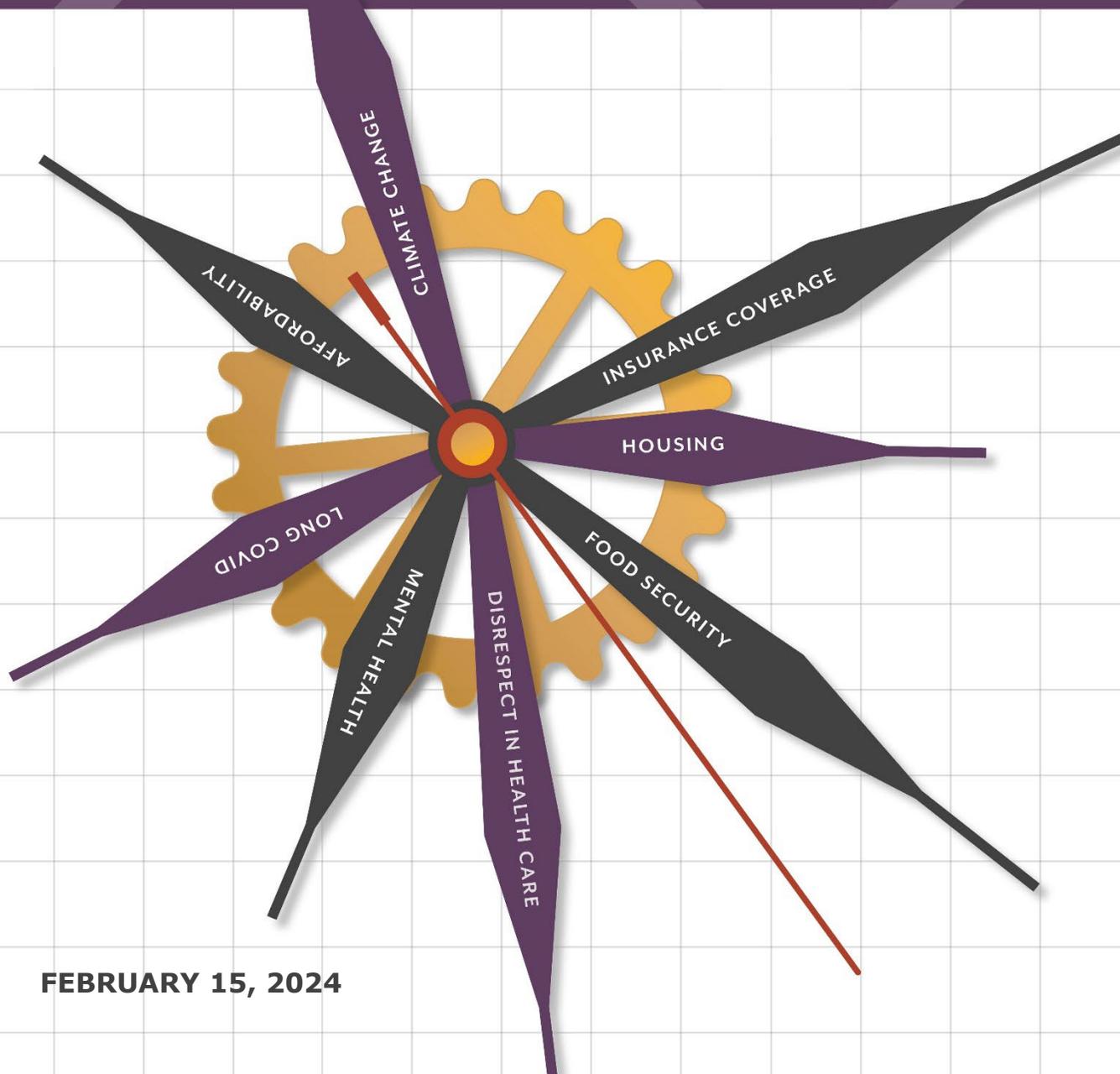


COLORADO HEALTH ACCESS SURVEY



A Moment *of* Truth

Well-Being in the Wake of the Pandemic

KEY FINDINGS FROM THE 2023 SURVEY


COLORADO **HEALTH** INSTITUTE

Lindsey Whittington and Sara Schmitt

FEBRUARY 15, 2024



Community Language Cooperative

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COLORADO **HEALTH** INSTITUTE

We improve the health of all Coloradans through independent research, analysis, and insight that advance sound policies and decisions.

The CHAS Turns 15: An Inspiring Legacy

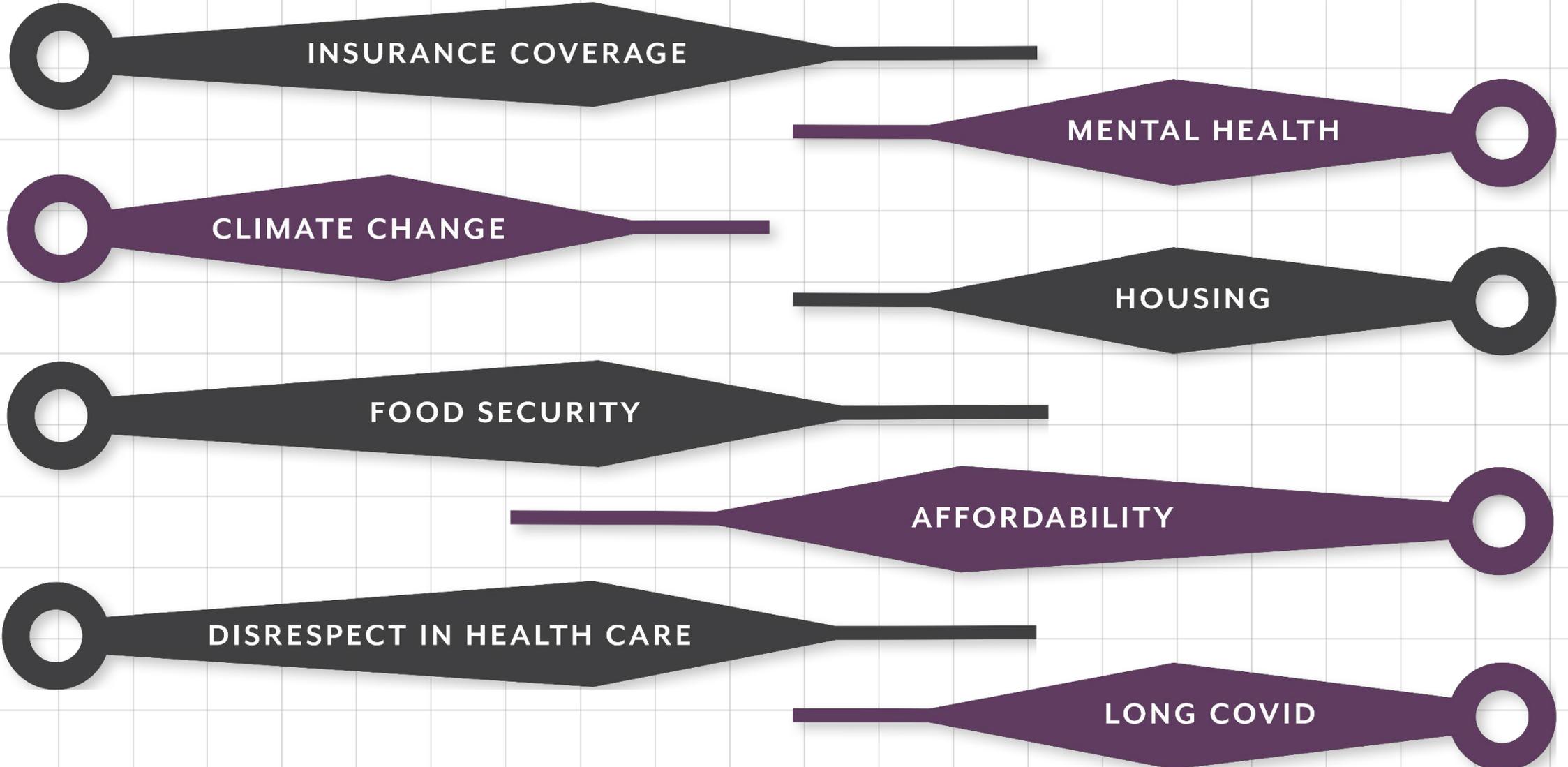
- The CHAS is Colorado's premier source of data on coverage, access, uninsurance, social factors, and more.
- The survey tracks trends since 2009.
- It responds to community data needs and anticipates emerging issues.

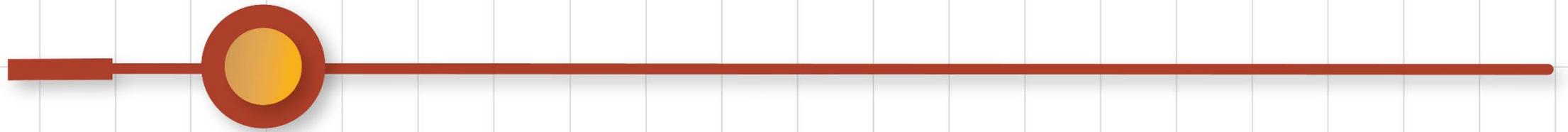


New Topics in 2023

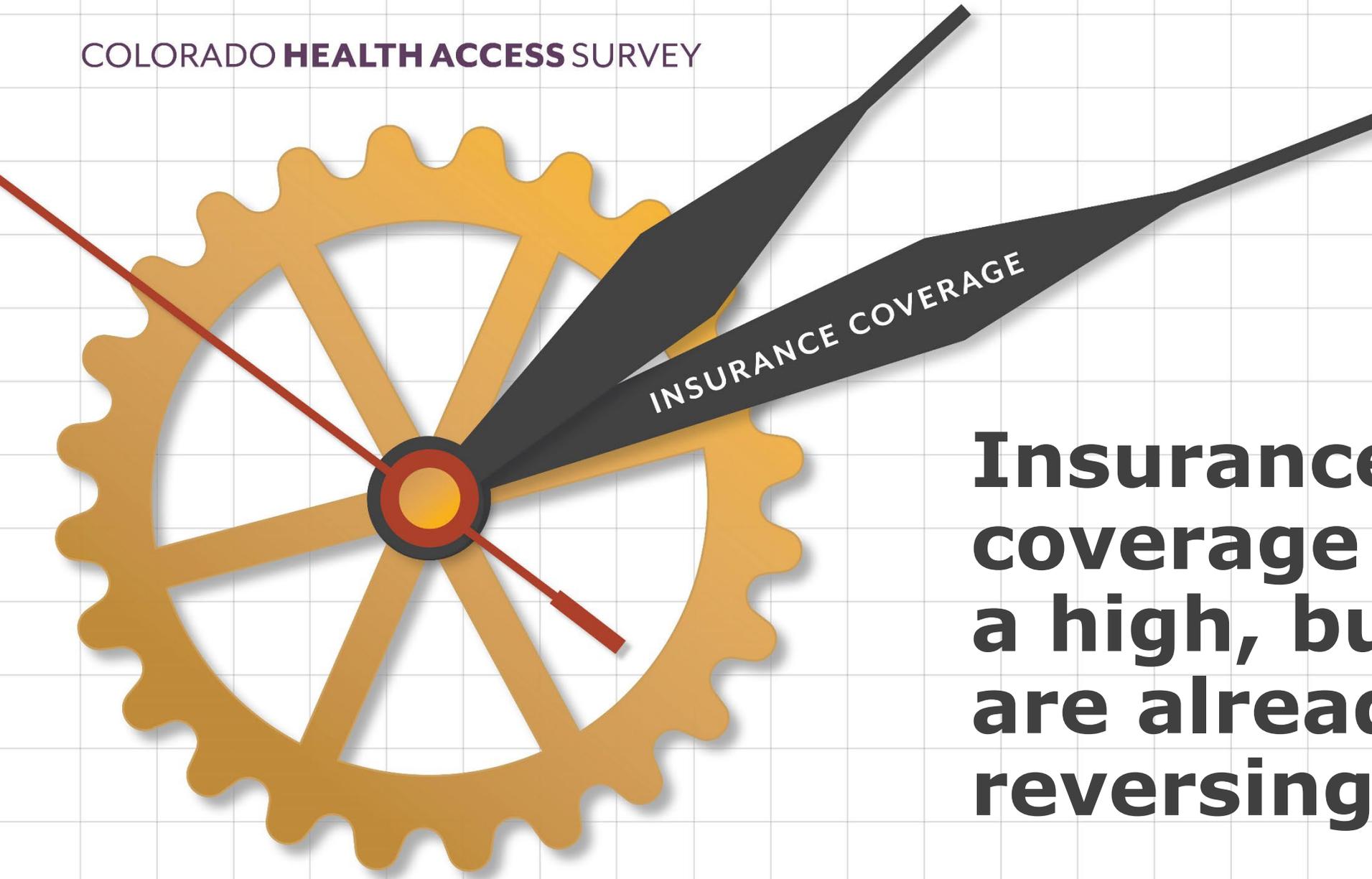
- Broadband Access
- Sources of Health Care Information
- Reproductive Health
- Awareness of Assistance Programs
- Long COVID
- Transportation
- Climate Impacts and Preparedness

Today's Release





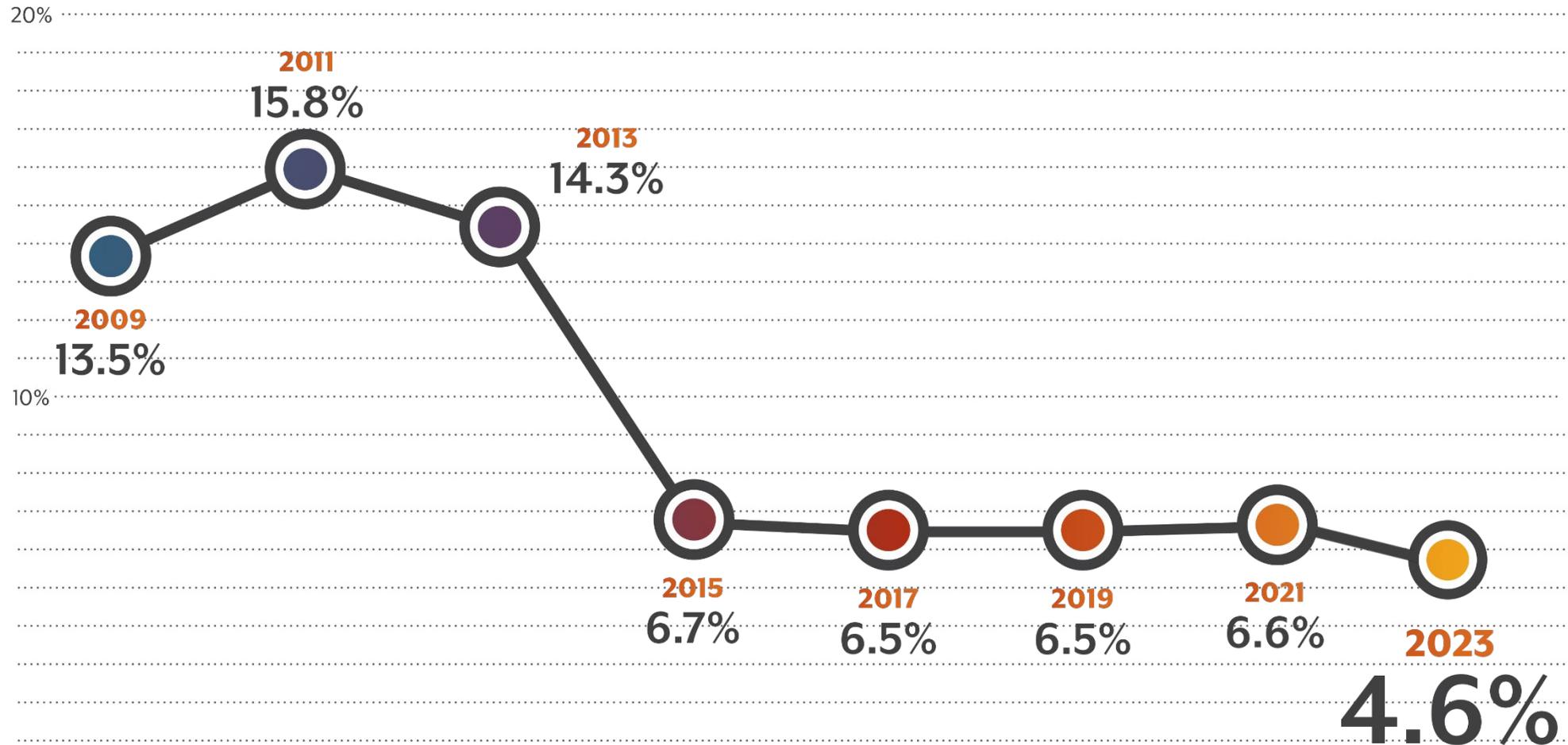
A Moment *of* Truth



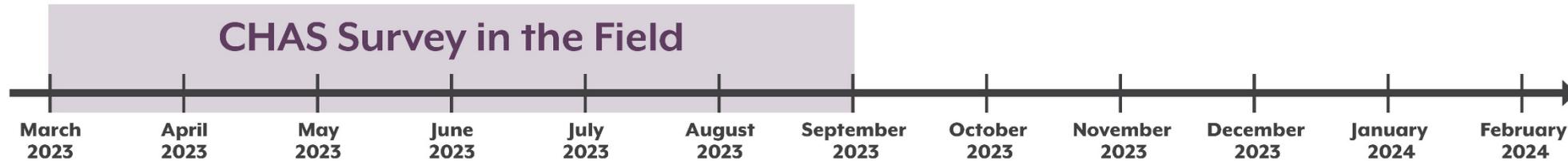
Insurance coverage reached a high, but gains are already reversing.

And the Uninsured Rate Is ...

Colorado Uninsured Rate, 2009-2023



However ...



Colorado begins redetermining the eligibility of Medicaid enrollees into 2024.



Many outreach efforts are underway to keep Coloradans covered.



How many Coloradans who will have gained coverage or become uninsured is unclear.



Future CHAS data will reflect any ongoing effects of these changes in coverage.

Medicaid Covered 30% of Coloradans While Employer Coverage Held Steady

Topic: Type of health insurance. **Population:** All Coloradans. **Years:** 2019 to 2023.

2023



2021



2019



● Employer-Sponsored Insurance ● Medicare ● Medicaid
● Child Health Plan Plus ● Individual Insurance ● Other Insurance ● Uninsured

Uninsurance Across the State

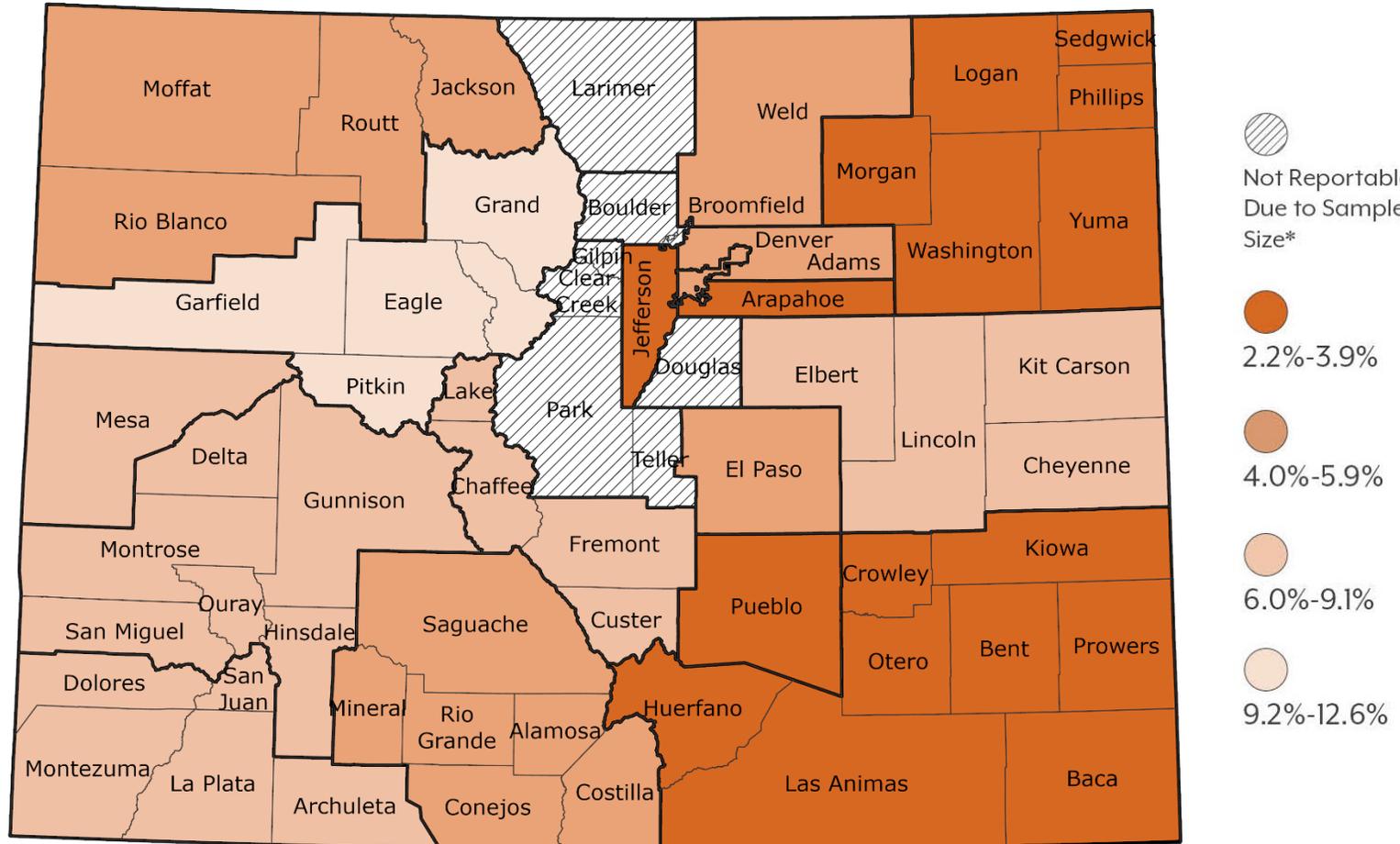
Topic:

Uninsured rate.

Population:

*All Coloradans,
by Health
Statistics Region.*

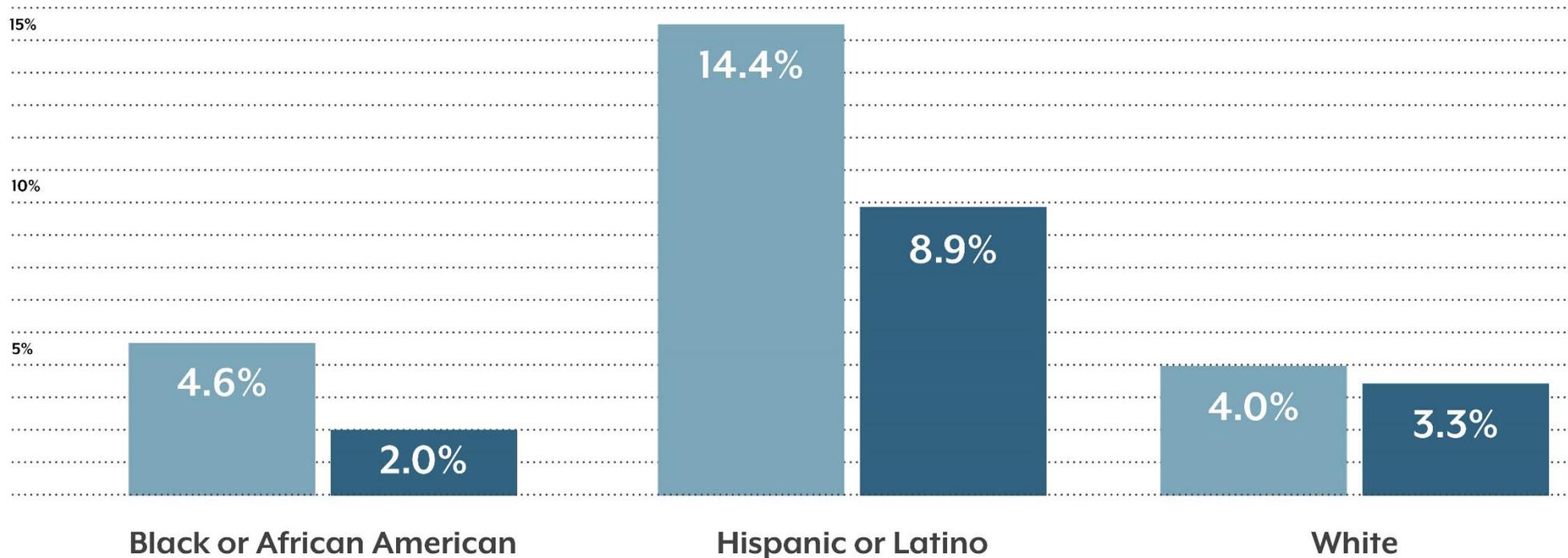
Year: 2023.



Latino Coloradans More Likely To Be Uninsured

Topic: Uninsured rate. **Population:** All Coloradans, by race and ethnicity.

Years: ● 2021 and ● 2023.

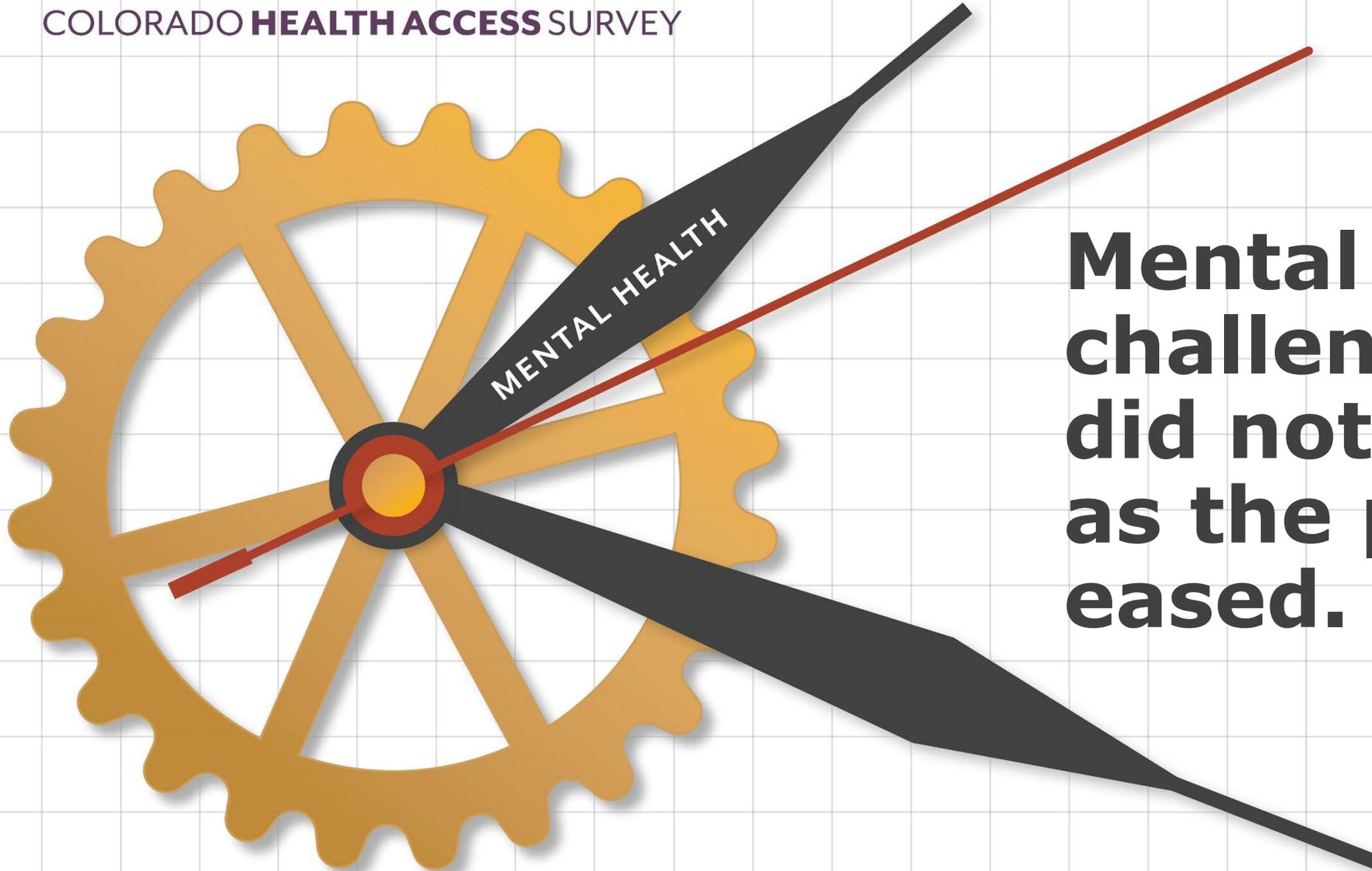


American Indian or Alaska Native, Asian, Middle Eastern or North African, Multiracial, Native Hawaiian or Other Pacific Islander, and Some Other Race were not shown because the numbers were too small to produce a reliable estimate.

Cost Was the Biggest Barrier to Coverage

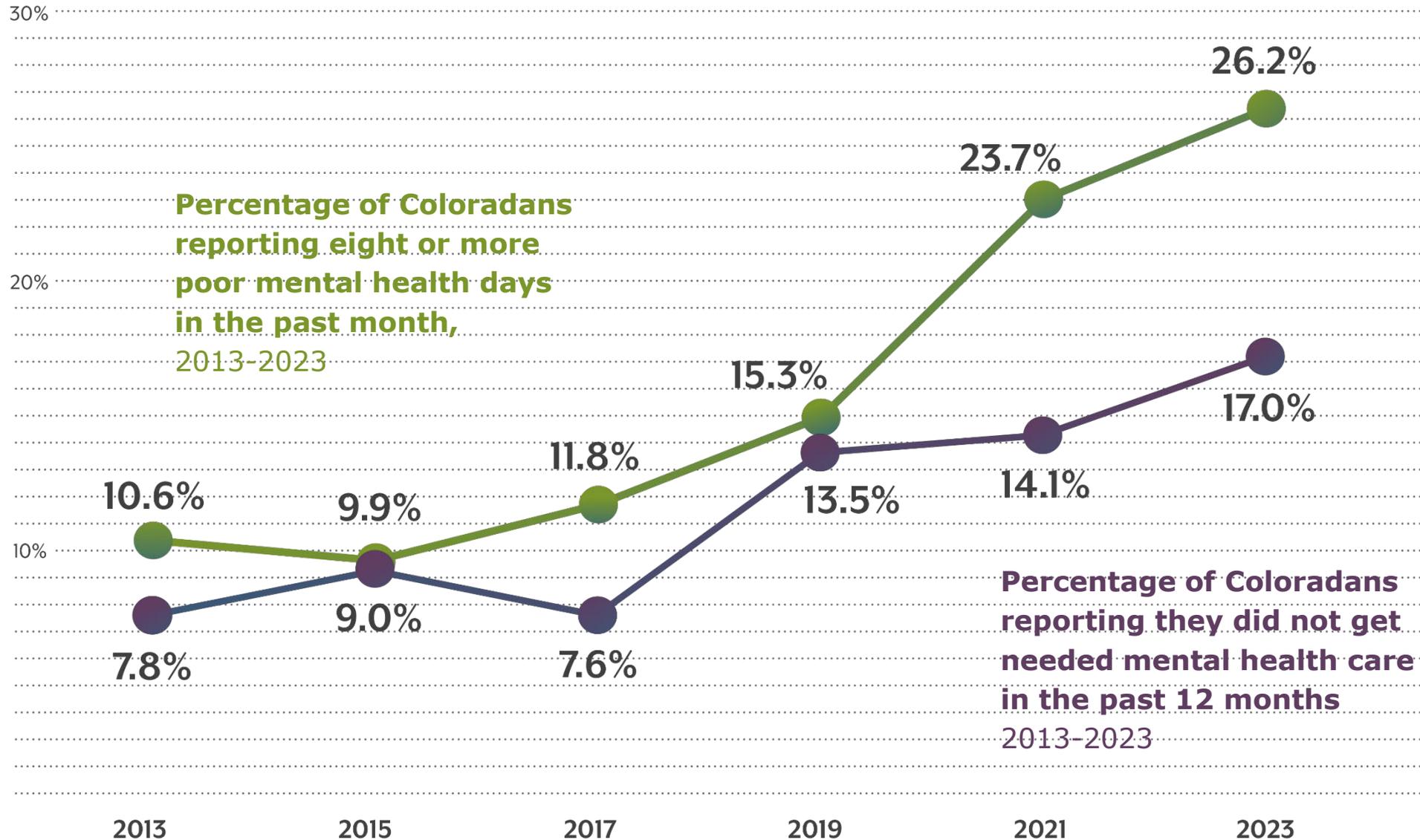
Topic: Reasons for being uninsured. **Population:** Uninsured Coloradans. **Year:** 2023.

Reason for Being Uninsured	2023
Cost is too high	86.9%
Person in family who had health insurance lost job or changed employers	25.9%
Don't know how to get insurance	25.7%
Family member's employer does not offer coverage or not eligible for employer's coverage	20.1%
Don't need insurance	17.9%
Lost eligibility for CHP+ or Medicaid	10.9%
Traded health insurance for another benefit or higher pay	7.1%
Can't get health insurance because of pre-existing condition	7.6%



Mental health challenges did not abate as the pandemic eased.

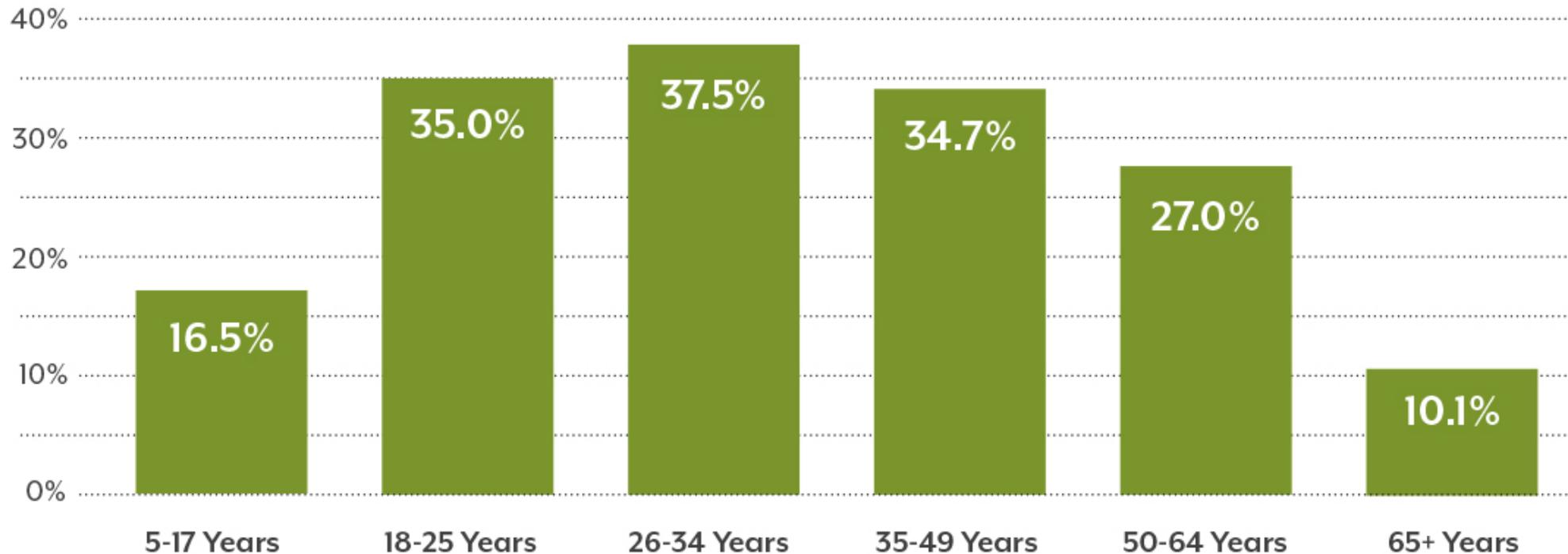
A Decade of Increased Need



Younger Adults Struggled With Mental Health

Topic: Coloradans who reported eight or more days of poor mental health in the past month.

Population: Coloradans 5 and older, by age group. **Year:** 2023.



LGBTQ+ Coloradans Were More Likely To Report Poor Mental Health

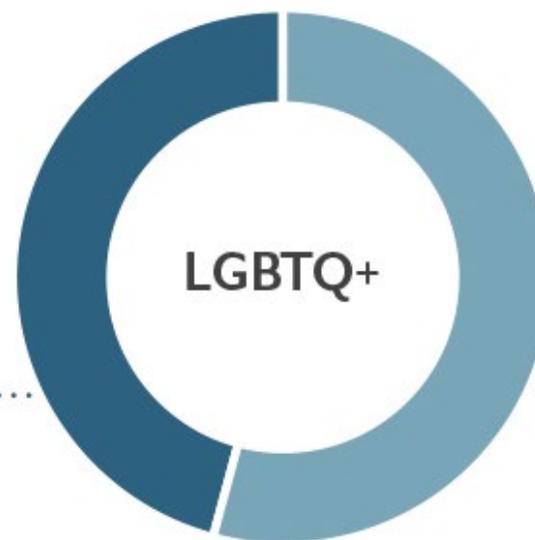
Topic: Coloradans who reported eight or more days of poor mental health in the past month.

Population: Coloradans 18 and older, by LGBTQ+ identification. **Year:** 2023.



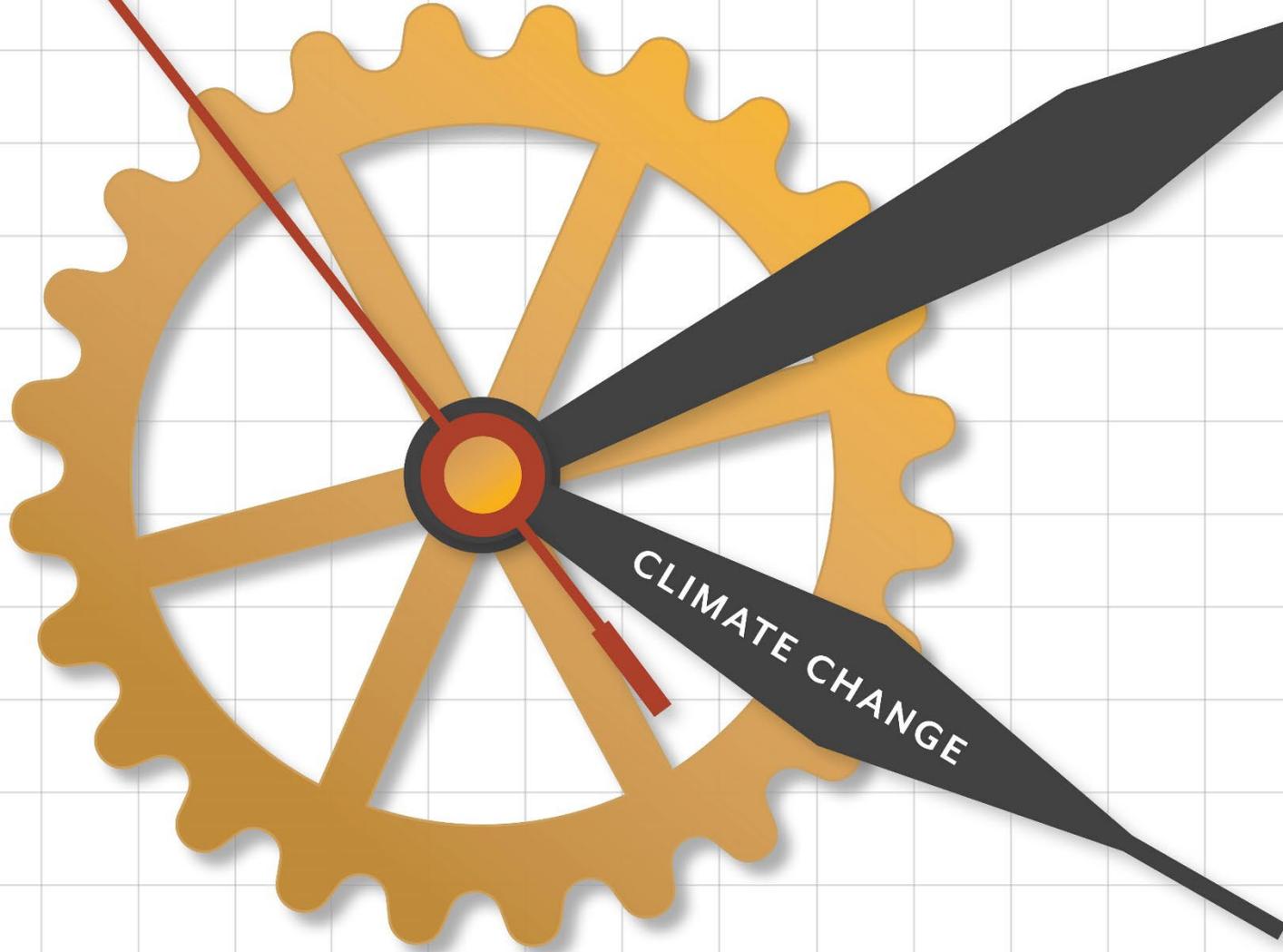
72.2% Good Mental Health

Poor Mental Health 27.8%



45.6% Good Mental Health

Poor Mental Health 54.4%



Coloradans recognize the link between climate change and health; they're not confident their communities are ready for disasters.

Millions Were Impacted by Climate Change



Climate change impacted almost **2 million** adult Coloradans and their families

Topic: Self-reported health effects of climate change. **Population:** Adults who said climate change has affected their health or their family's health. **Year:** 2023.



65.6%
Respiratory illness or problem breathing



32.9%
Mental health or substance use issues



12.4%
Worsening of chronic illness



11.3%
Wildfire injuries



9.6%
Heat illness, heat stress, or heat stroke



4.7%
Loss of housing, property, or income



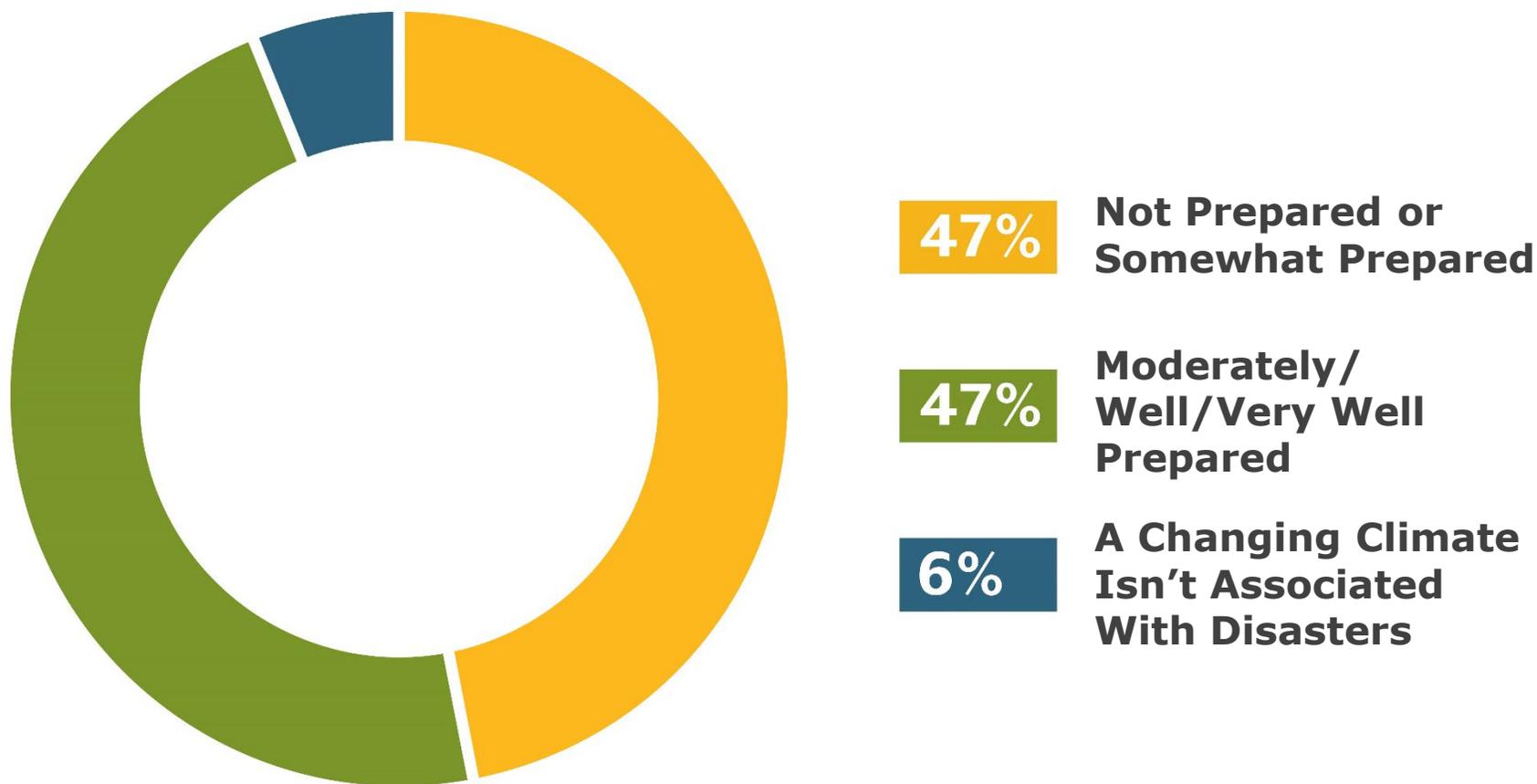
4.0%
Water contamination or scarcity of drinking water



13.0%
Some other health concerns

Coloradans Have Real Concerns About Climate Change Preparedness

Percentage of Adults Reporting Their Local Community Preparedness Level to Respond or Recover From a Climate-related Disaster, 2023

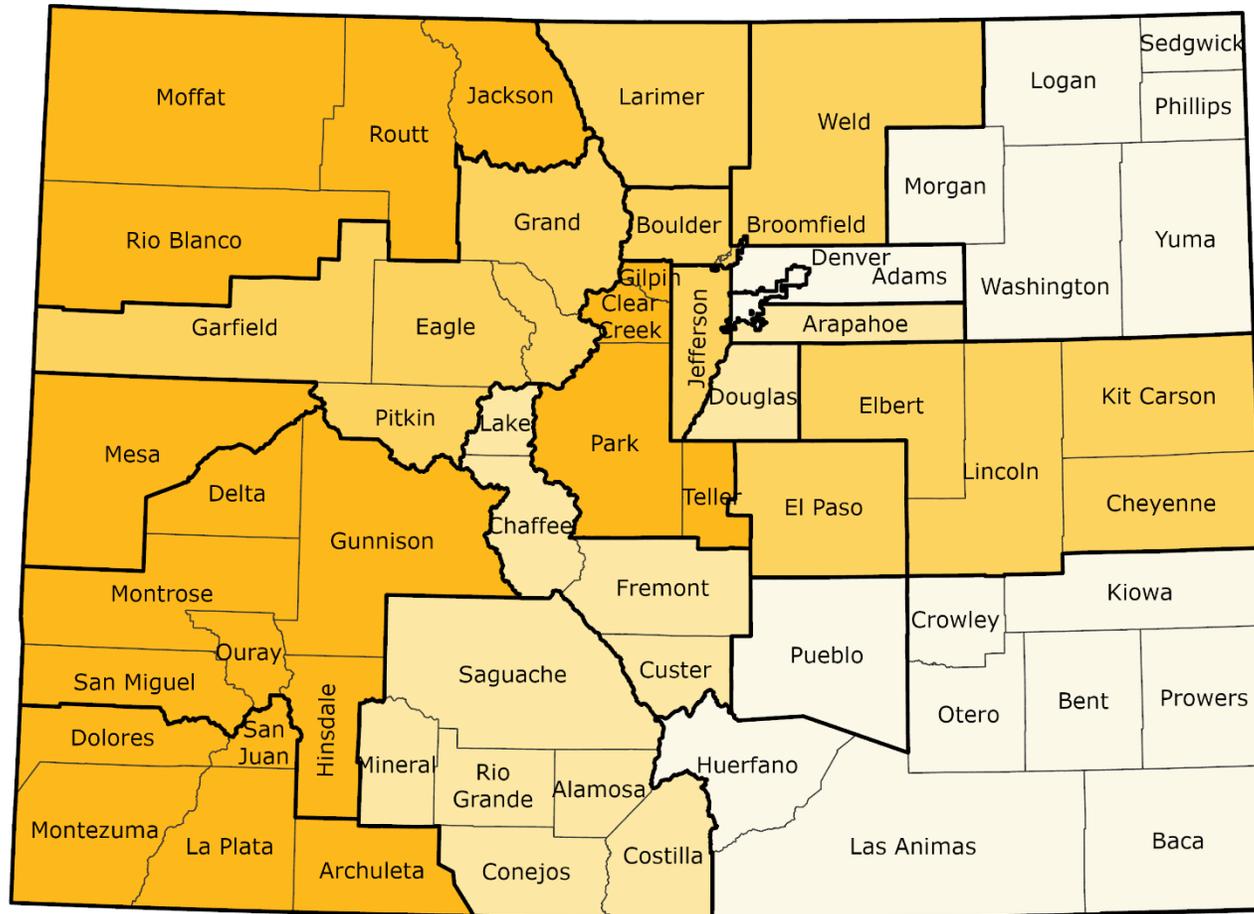


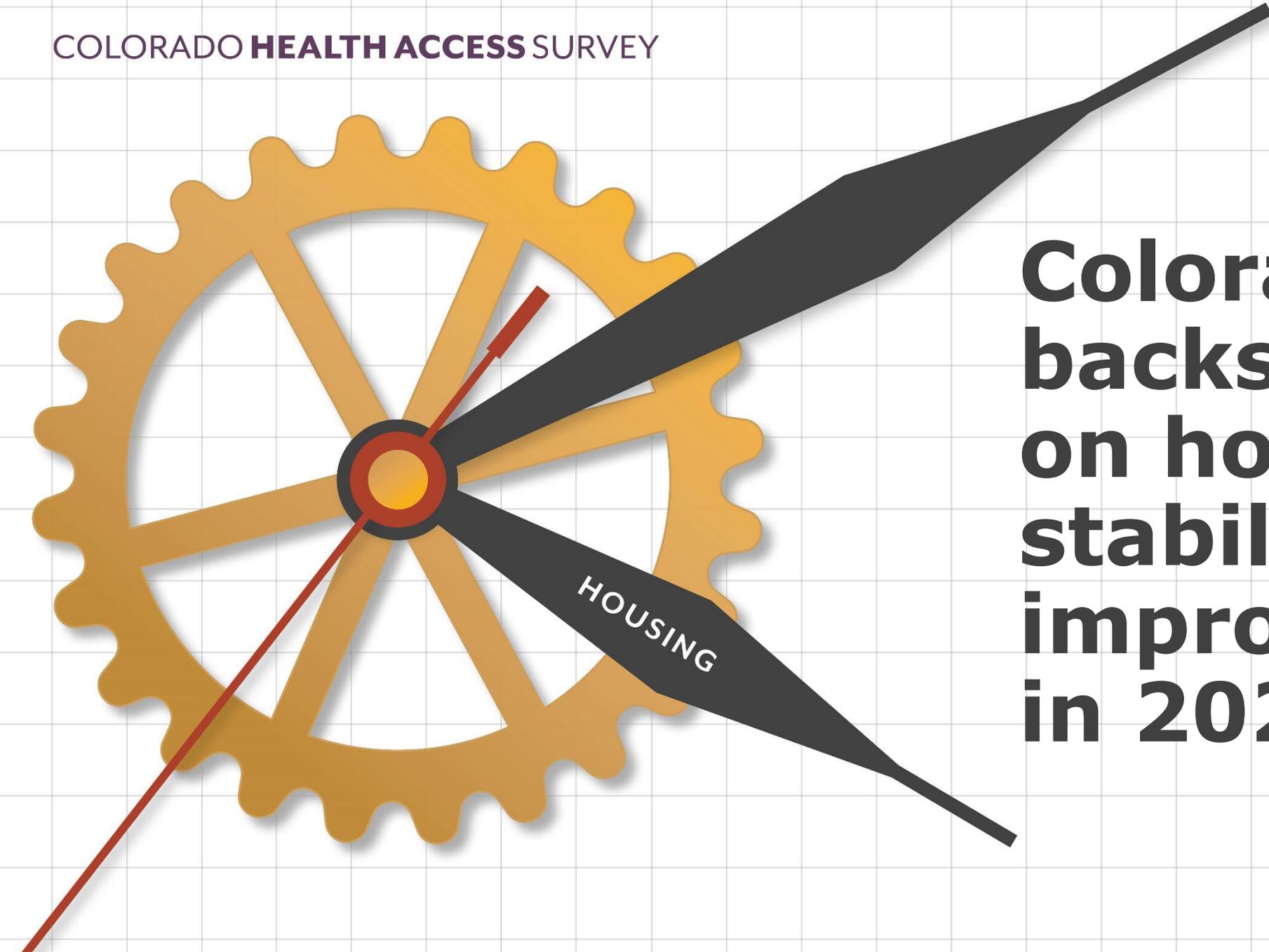
Many Worry Their Communities Are Unprepared

Topic: Perception of community readiness to deal with a climate disaster.

Population: Adults who said their community is not at all prepared or only somewhat prepared, by Health Statistics Region.

Year: 2023.



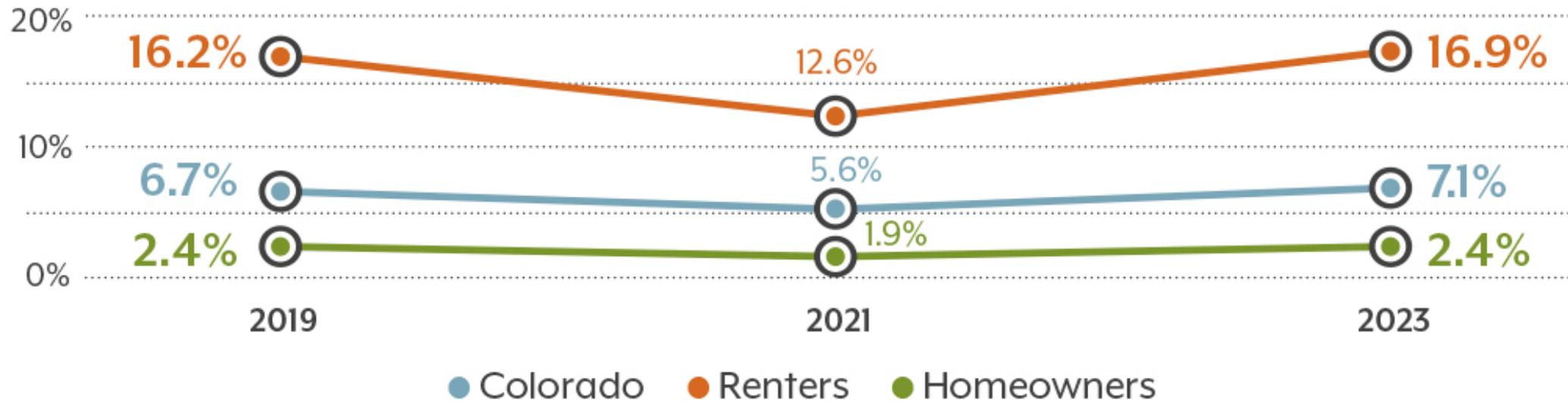


**Colorado
backslid
on housing
stability after
improvements
in 2021.**

More Coloradans Were Impacted by Housing Affordability Issues in 2023

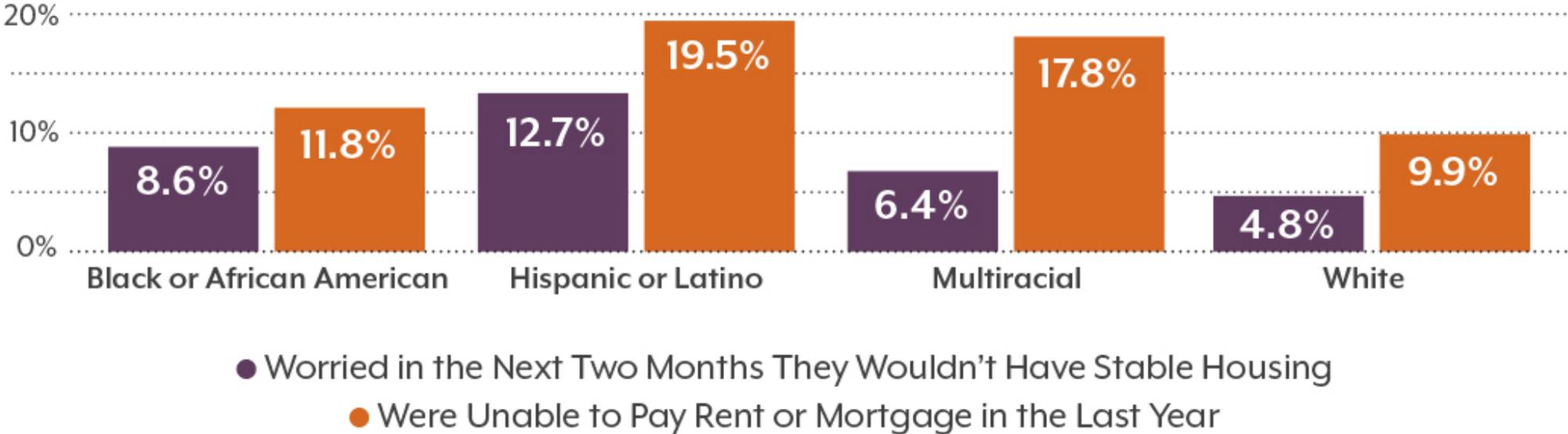
Topic: People who worried about having stable housing in the next two months.

Population: All Coloradans, segmented by renters and homeowners. **Years:** 2019 to 2023.



Many People of Color Faced Housing Affordability Issues

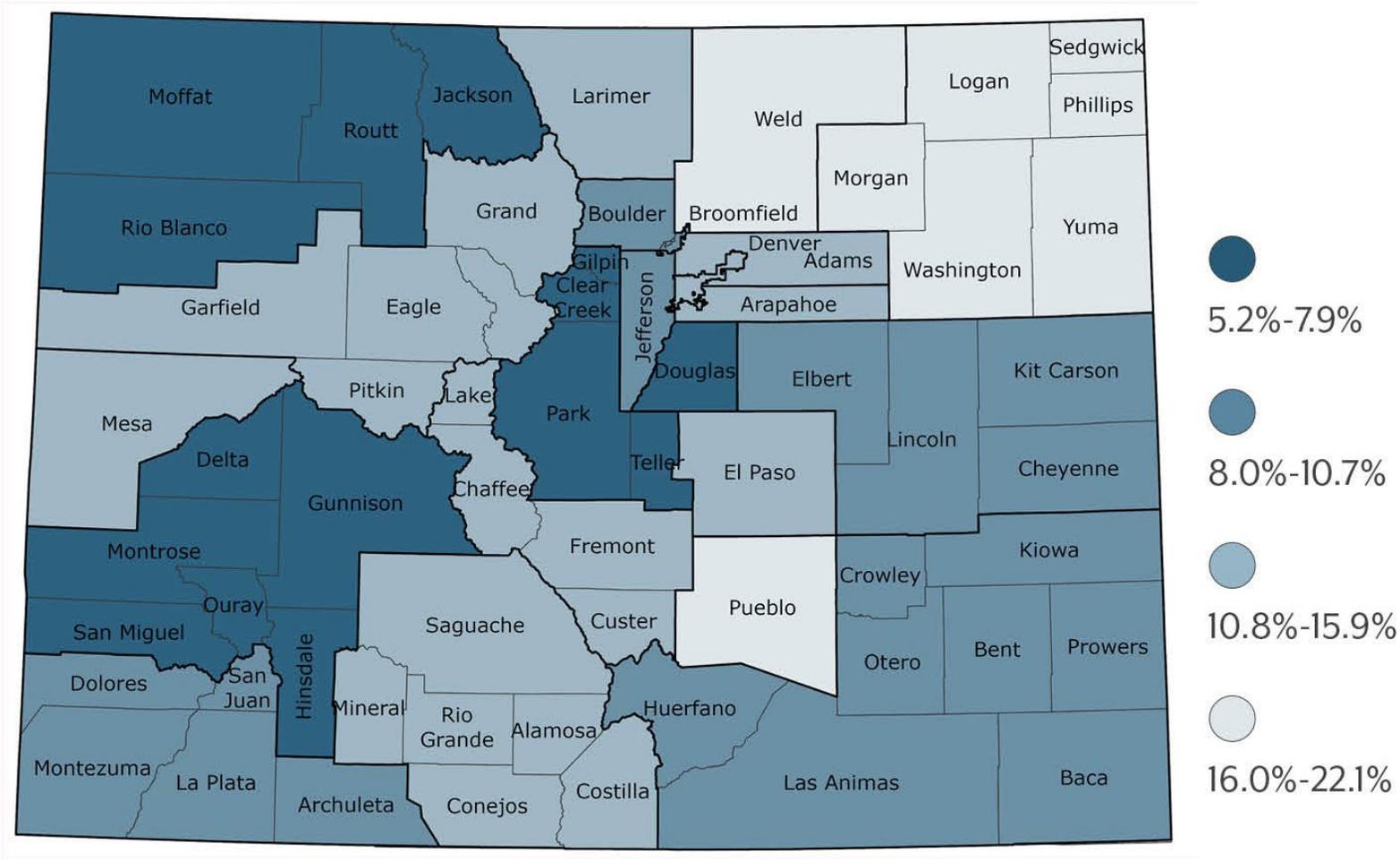
Topics: **Purple bars:** Future housing instability concerns. **Orange bars:** Housing affordability problems in the past year. **Population:** All Coloradans, segmented by race and ethnicity.* **Year:** 2023.

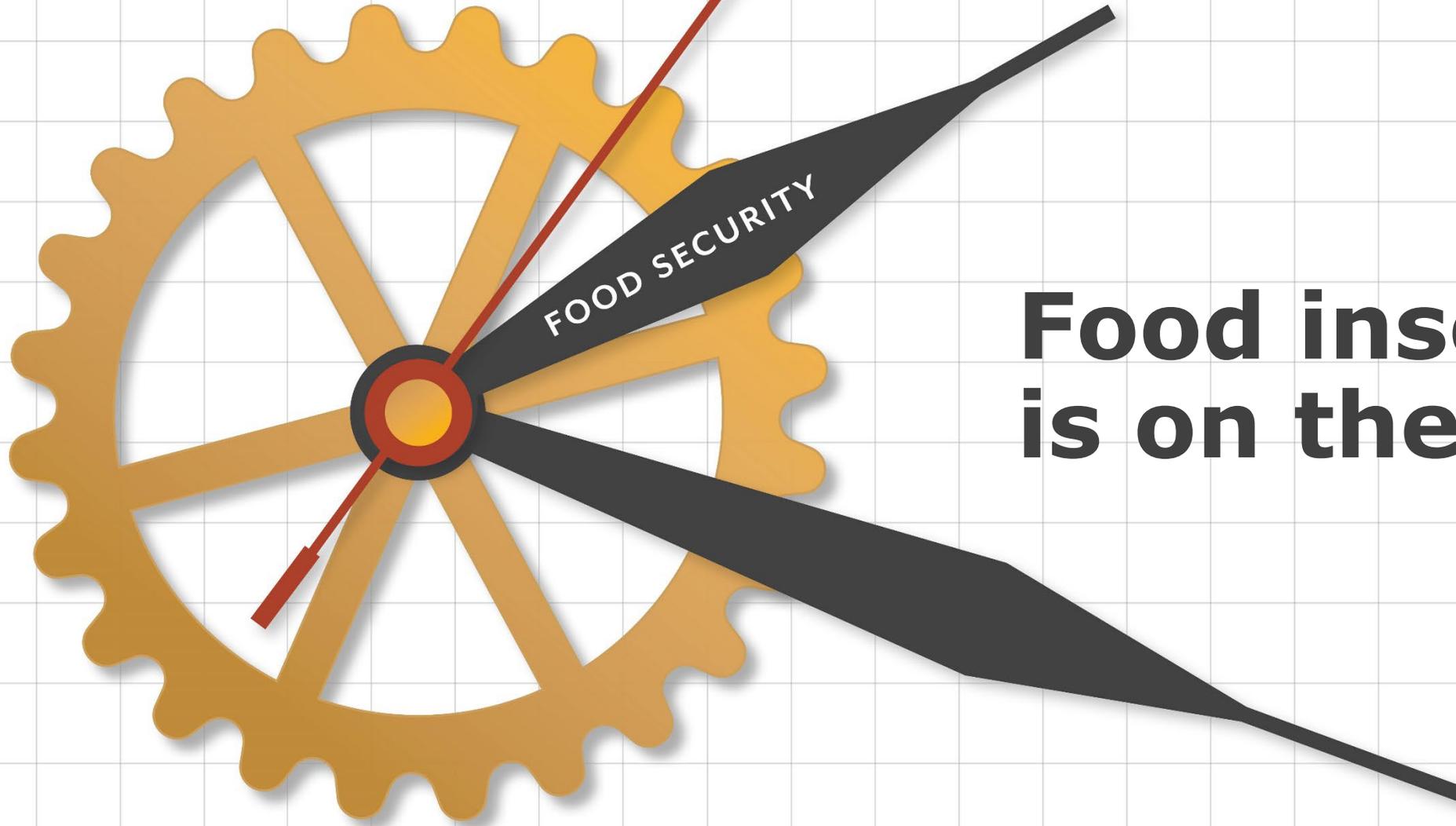


* American Indian or Alaska Native, Asian, Middle Eastern or North African, Native Hawaiian or Other Pacific Islander, and Some Other Race are not shown because the numbers were too small to produce a reliable estimate

Housing Affordability Varied by Geography

Topic: People who were not able to pay for their rent or mortgage in the past year.
Population: All Coloradans, by Health Statistics Region.
Year: 2023.

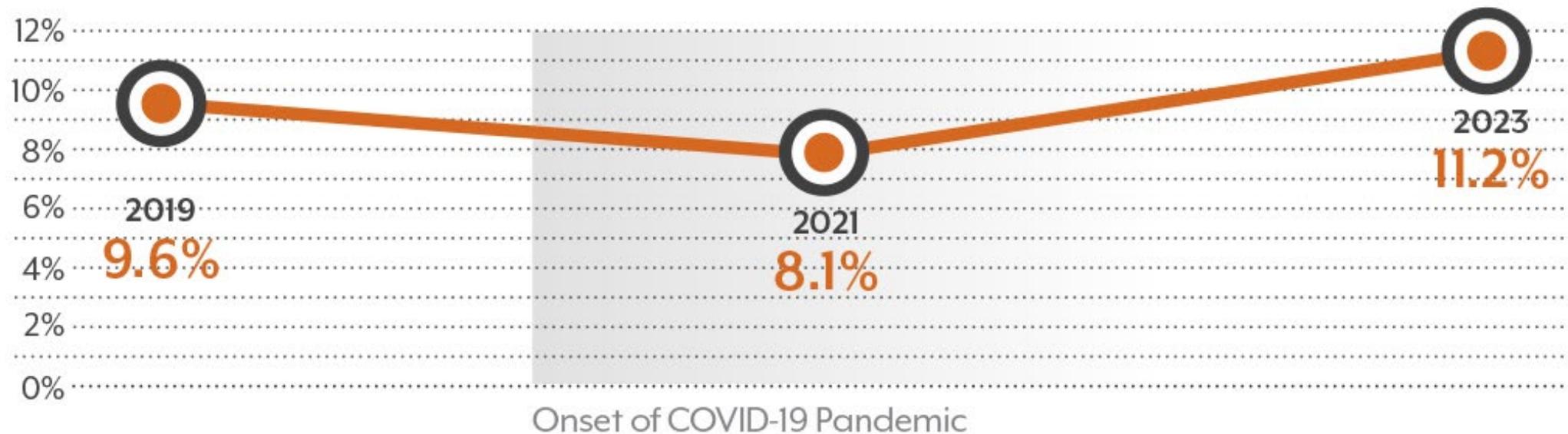




**Food insecurity
is on the rise.**

Food Insecurity Back to Pre-Pandemic Levels

Topic: People who ate less than they thought they should in the past year because they could not afford food. **Population:** All Coloradans. **Years:** 2019 to 2023.

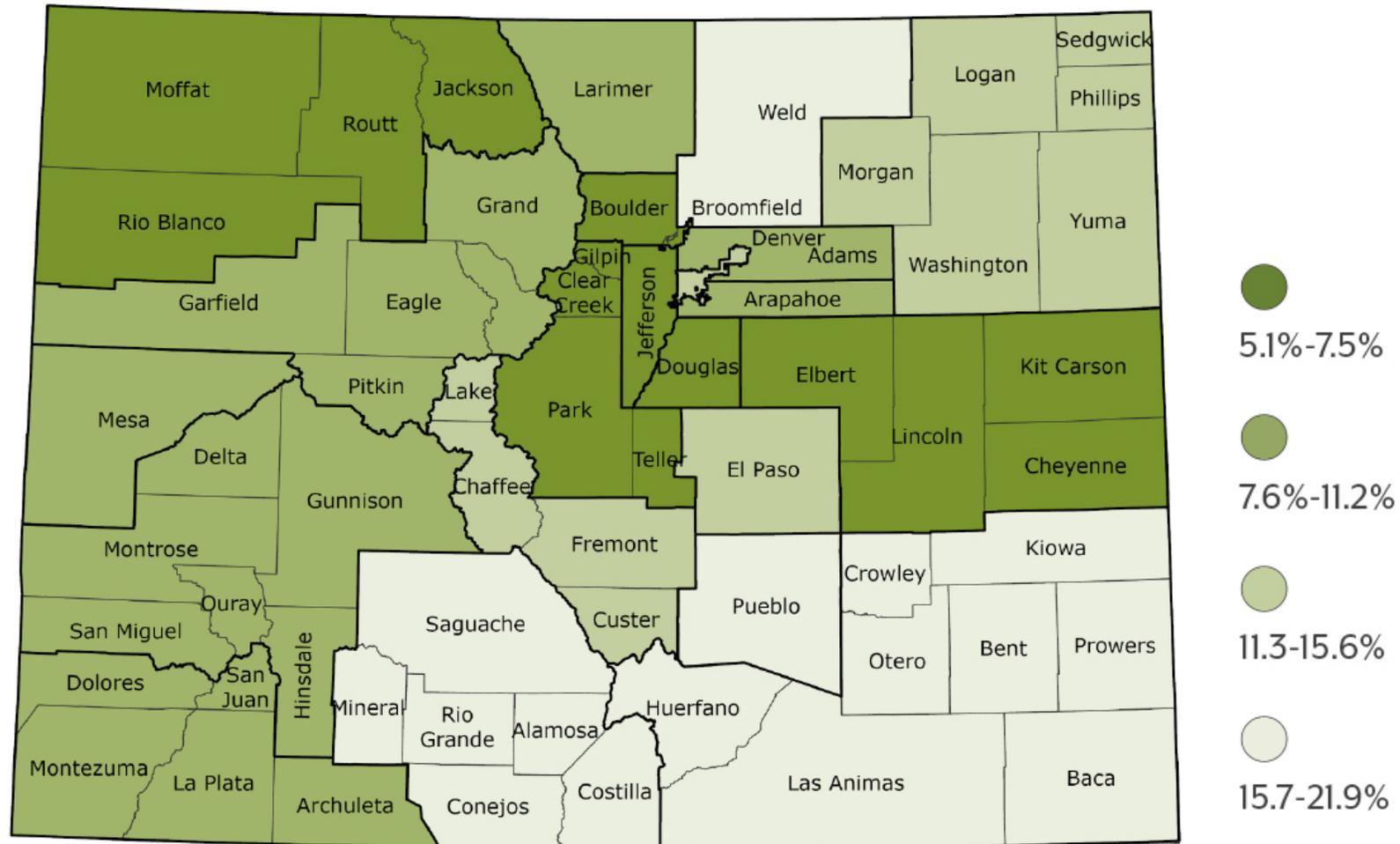


Food Insecurity Varied Across the State

Topic: People who ate less than they thought they should in the past year because they could not afford food.

Population: All Coloradans, by Health Statistics Region.

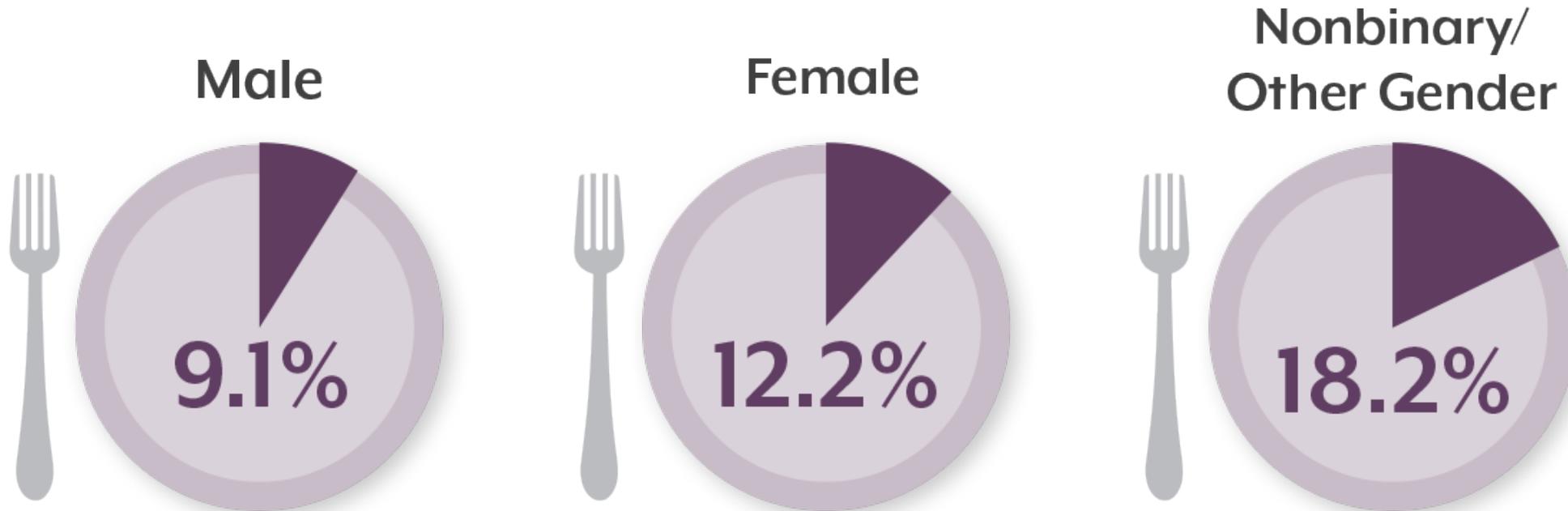
Year: 2023.

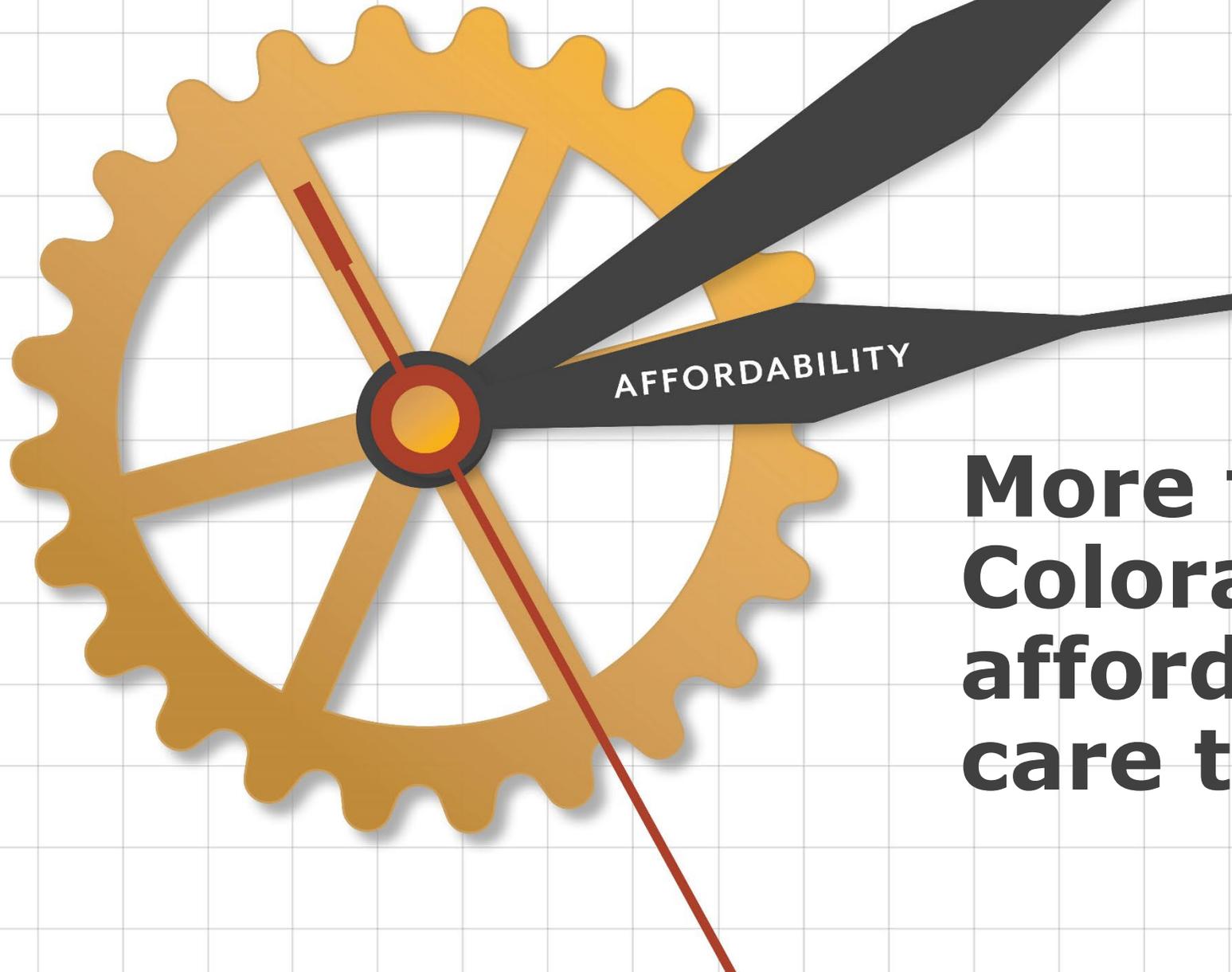


Food Insecurity Varied by Gender Identity

Topic: People who ate less than they thought they should in the past year because they could not afford food.

Population: All Coloradans, by sex and gender identity. **Year:** 2023.

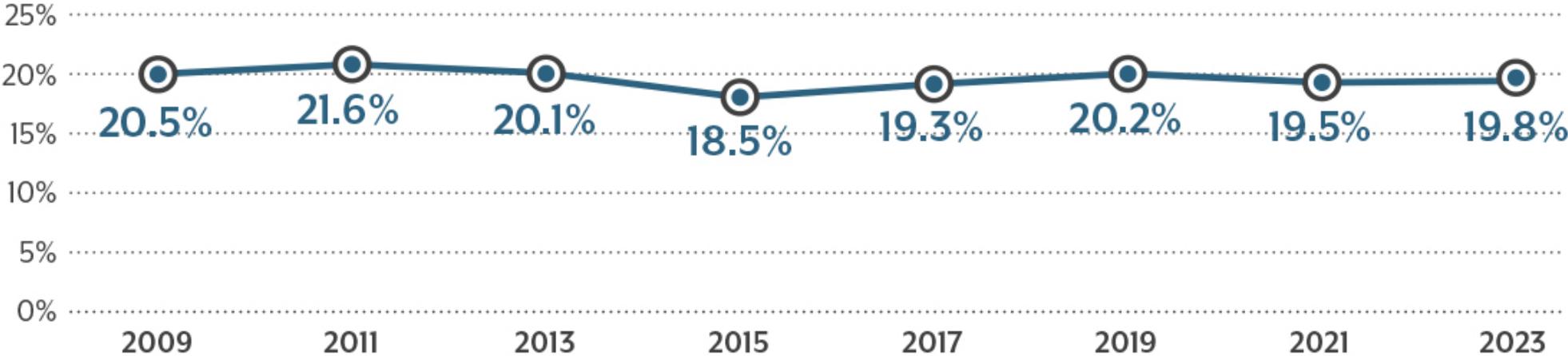




**More than a million
Coloradans couldn't
afford the health
care they needed.**

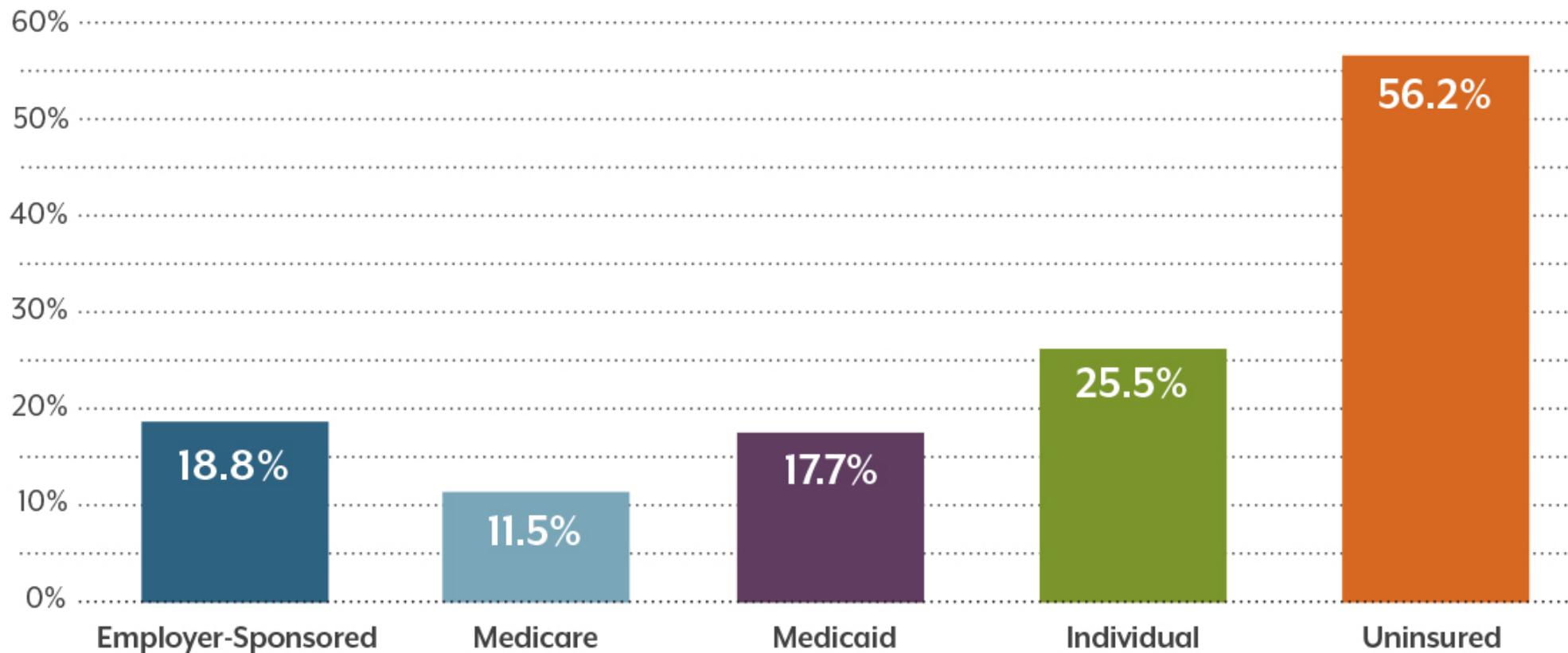
Cost Consistently a Barrier Over Time

Topic: Composite measure of people who could not afford general doctor care, specialist care, or prescriptions that they needed. **Population:** All Coloradans. **Years:** 2009 to 2023.



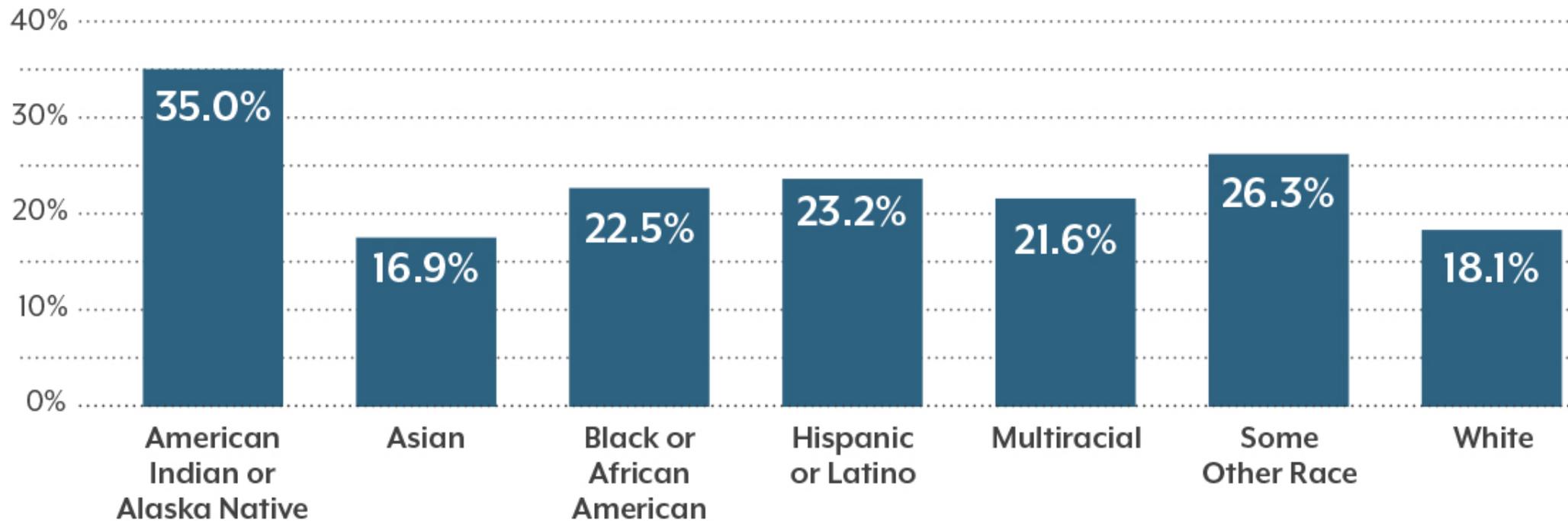
Those Without Insurance Skipped Care Because of Fear of Costs

Topic: Composite measure of people who could not afford general doctor care, specialist care, or prescriptions that they needed. **Population:** All Coloradans, by type of insurance. **Year:** 2023.



Cost Was a Barrier for People of Color

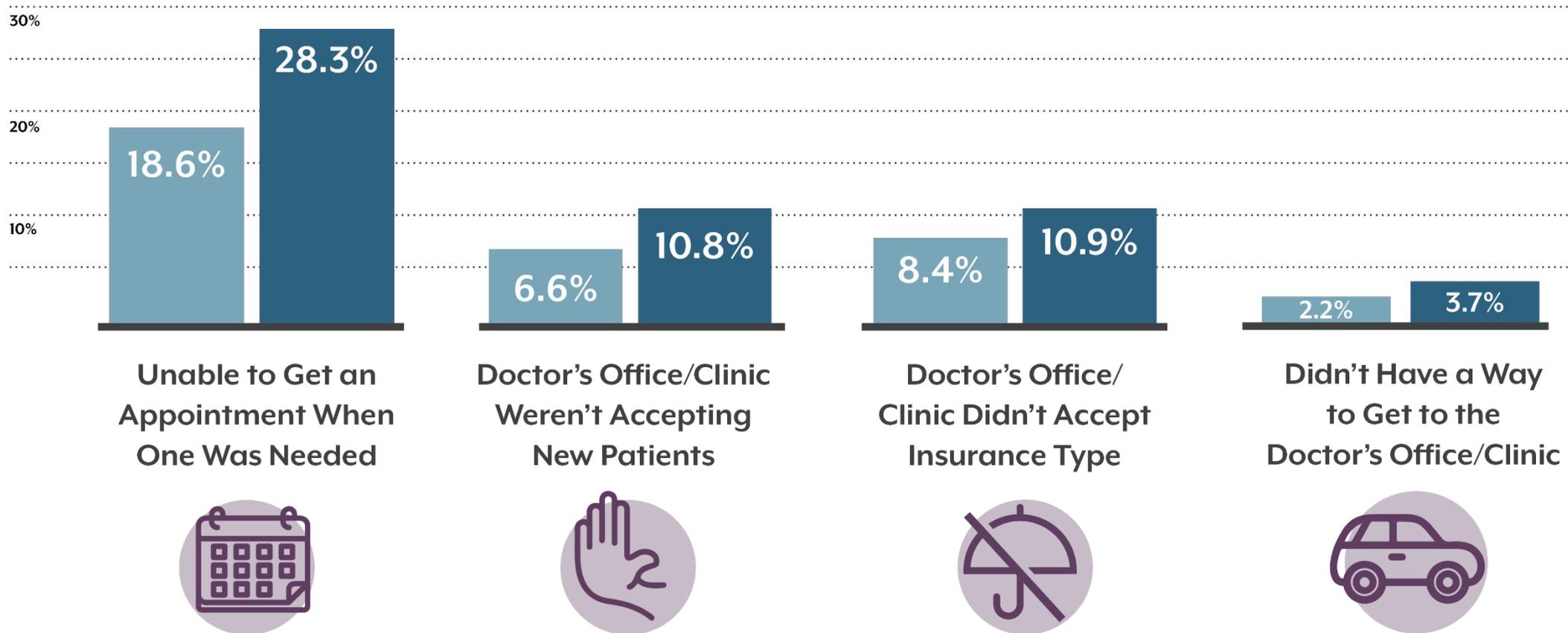
Topic: Composite measure of people who could not afford general doctor care, specialist care, or prescriptions that they needed. **Population:** All Coloradans, by race and ethnicity.* **Year:** 2023.

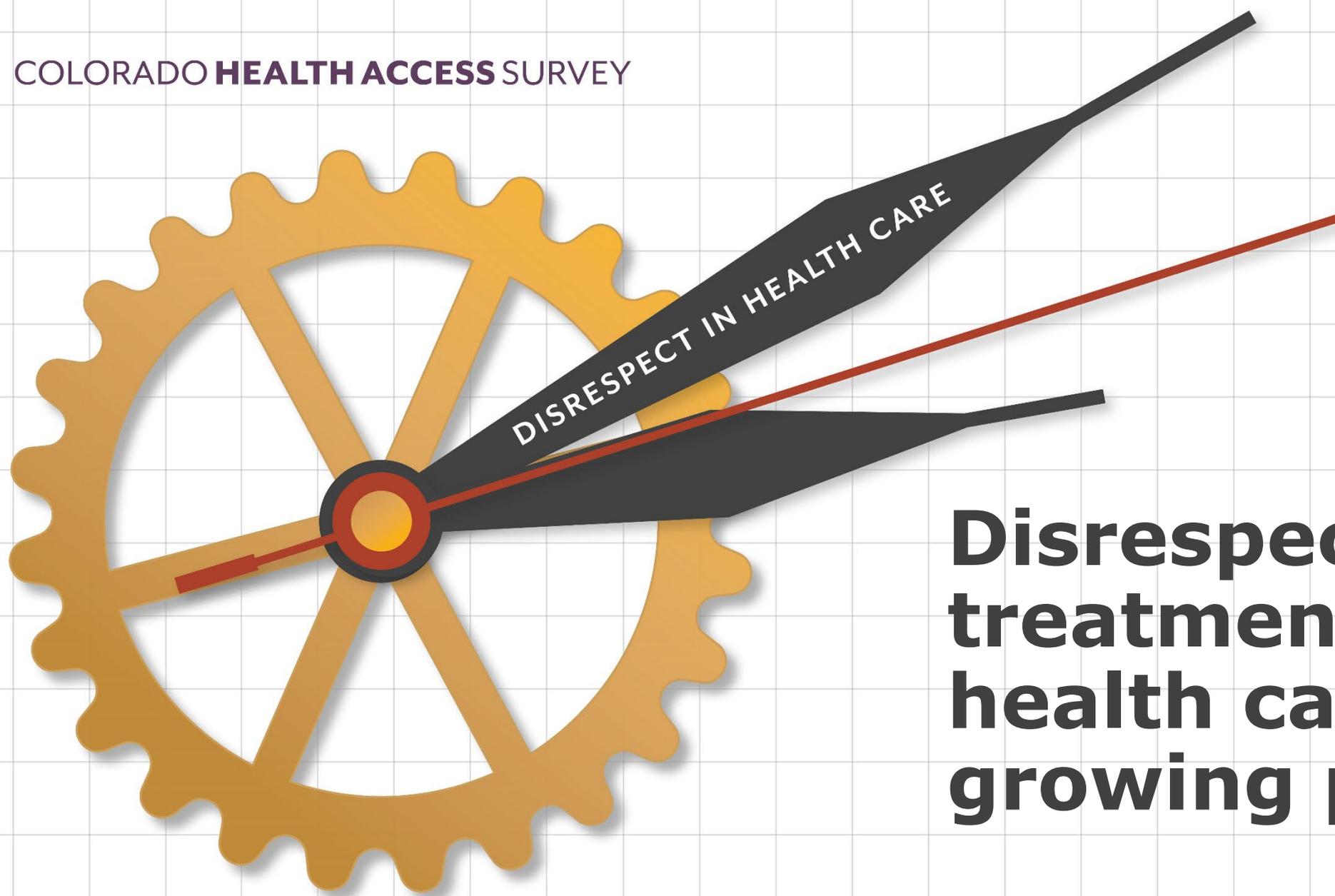


Cost Wasn't the Only Barrier to Care

Topic: Barriers to accessing care. **Population:** All Coloradans.

Years: ● 2021 and ● 2023.





**Disrespectful
treatment in
health care is a
growing problem.**

More Reported Disrespect in 2023

Topic: Adults who felt they were treated with less respect than others when seeking health care in the past year. **Population:** Adults who received health care. **Years:** 2021 to 2023.

2021
3.8%
163,968 people

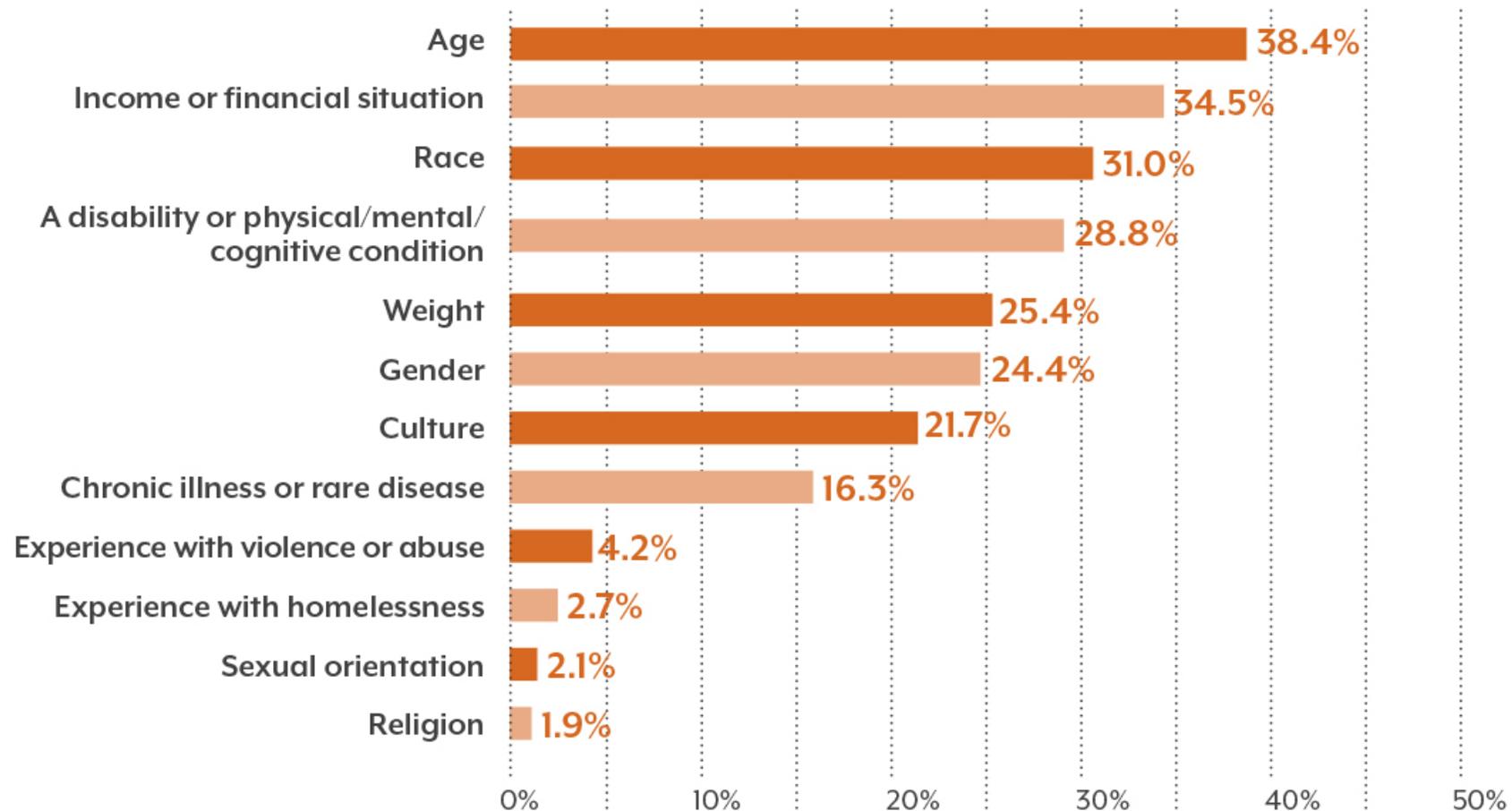


2023
7.1%
296,065 people

Coloradans Felt Disrespect for Many Reasons

Topic: Reasons adults said they were treated with disrespect.

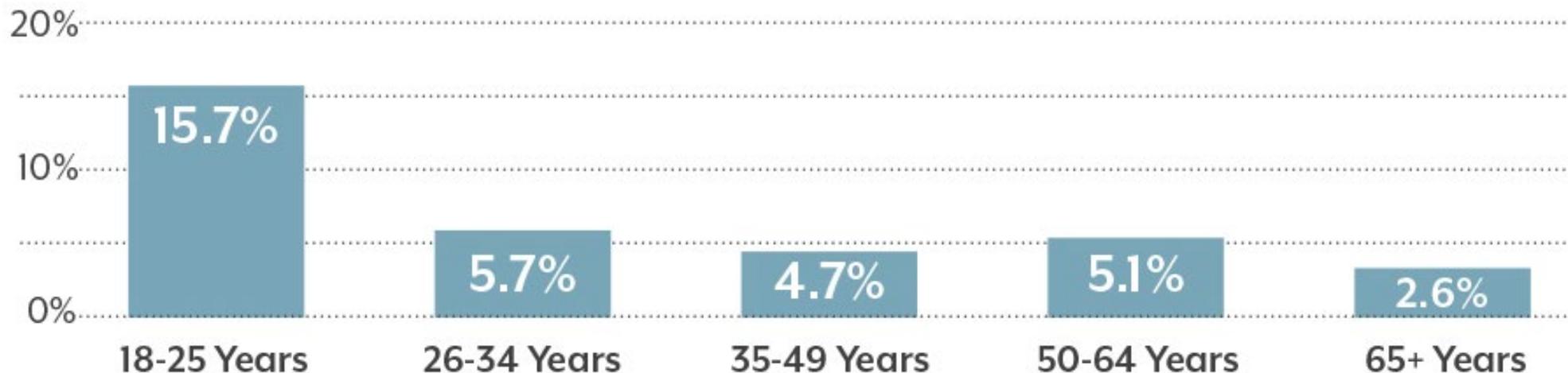
Population: Adults who received health care and reported being disrespected. **Year:** 2023.

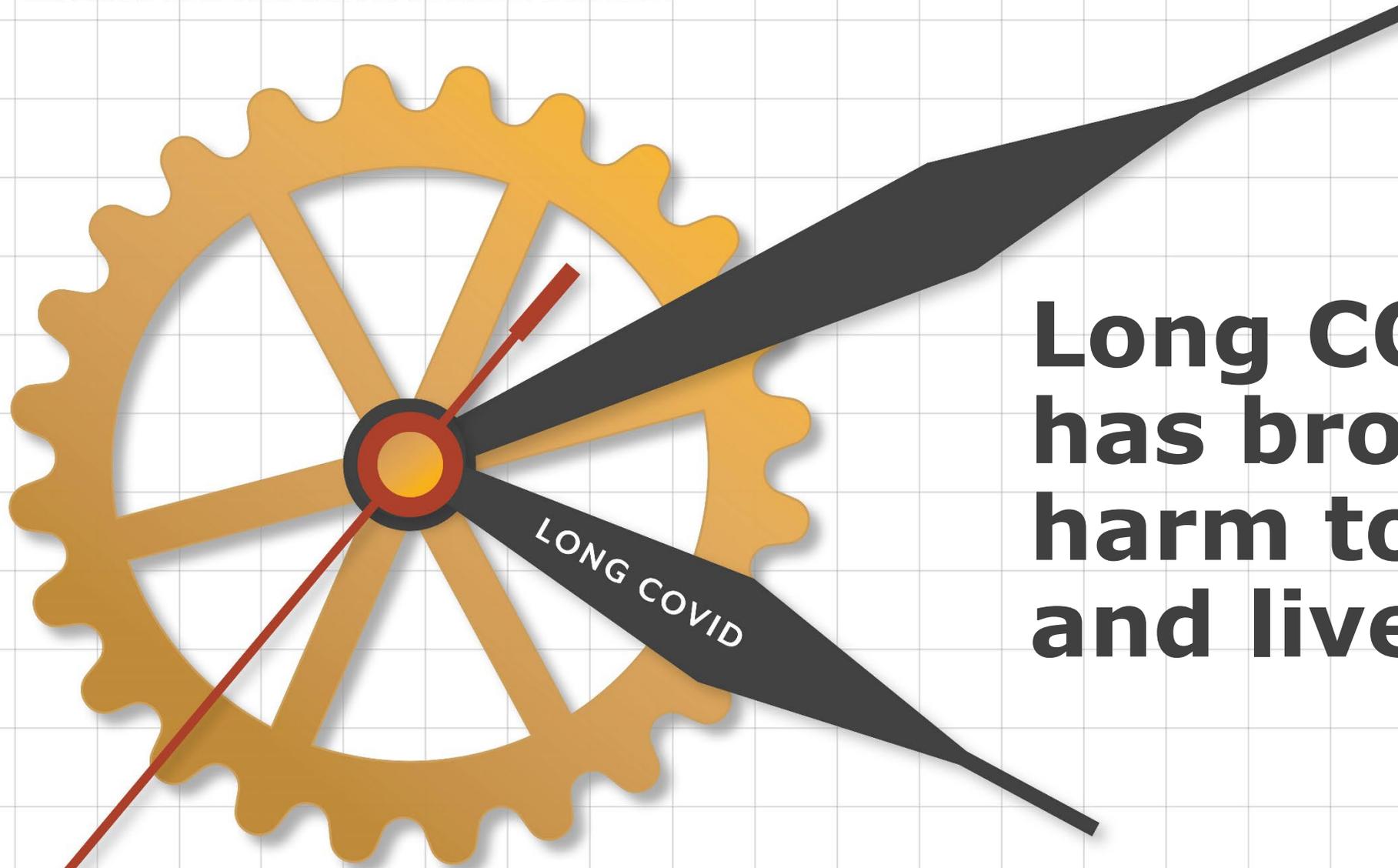


Young Adults Experienced Disrespect in Care

Topic: Percentage of adults reporting they felt disrespected when seeking health services in the past year.

Population: Adults who received health care, by age. **Years:** Combined data from 2021 and 2023.





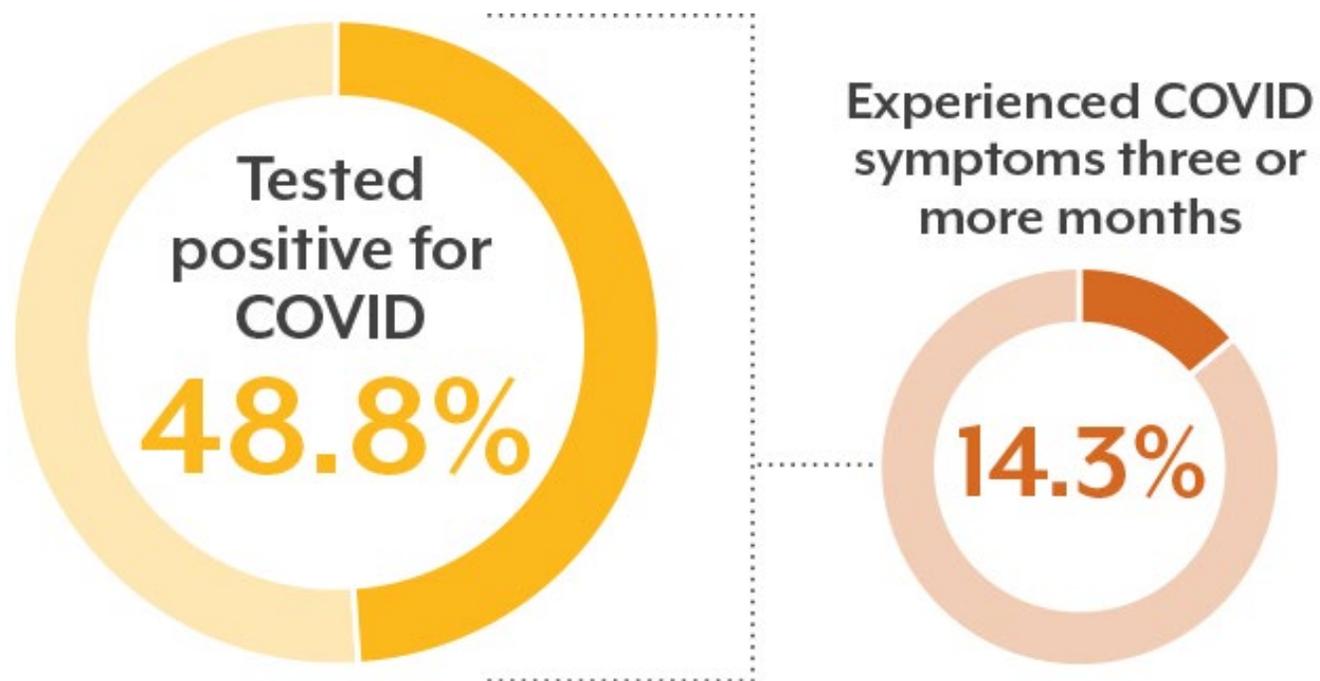
**Long COVID
has brought
harm to lives
and livelihoods.**

Long COVID Affects Many in Our State

Topic: Percentage of Coloradans who have ever tested positive for COVID-19, and percentage whose symptoms lasted three months or longer.

Population: Coloradans 16 and older (left chart).
Coloradans 16 and older who tested positive for COVID-19 (right chart).

Year: Question was asked in 2023 about any year since the pandemic began.



Many People Had to Deal with Financial Impacts Due to Long COVID Symptoms

Topic: Impacts of long COVID symptoms.

Population: People 16 and older who tested positive for COVID-19 and experienced symptoms for at least three months.

Year: Question was asked in 2023 about any year since the pandemic began.

Consequences of Long COVID Symptoms	Percentage	Number
Take time off work or school	45.7%	137,865
Reduce hours at work	33.4%	102,219
Leave job	6.6%	19,892
Apply for disability benefits	8.0%	24,249
Some other impact	23.5%	61,986

Financial Burden of Long COVID Impacted Accessing Food and Housing

Topic: Food security and housing stability of people with long COVID compared with people who did not have long COVID.

Population: Coloradans 16 and older.

Year: 2023 for housing and food, any time since beginning of the pandemic for long COVID.

Housing



Had long COVID symptoms



Did not have long COVID symptoms



● Unstable Housing ● Stable Housing

Food



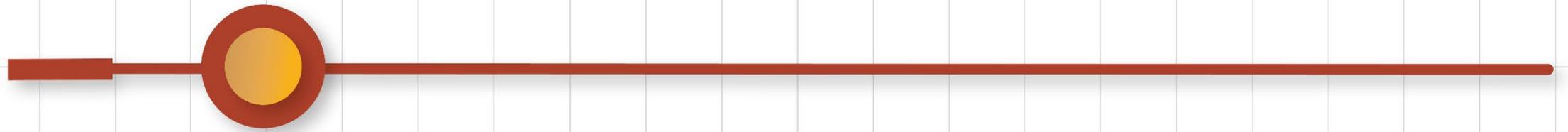
Had long COVID symptoms



Did not have long COVID symptoms



● Food Insecure ● Food Secure



A Moment *of* Truth

2023 CHAS Data and More

colo.health/CHAS23

- Workbooks
- Public use file
- Regional profiles
- Chartpack
- Survey questionnaire
- Methods report
- Link to the results and page

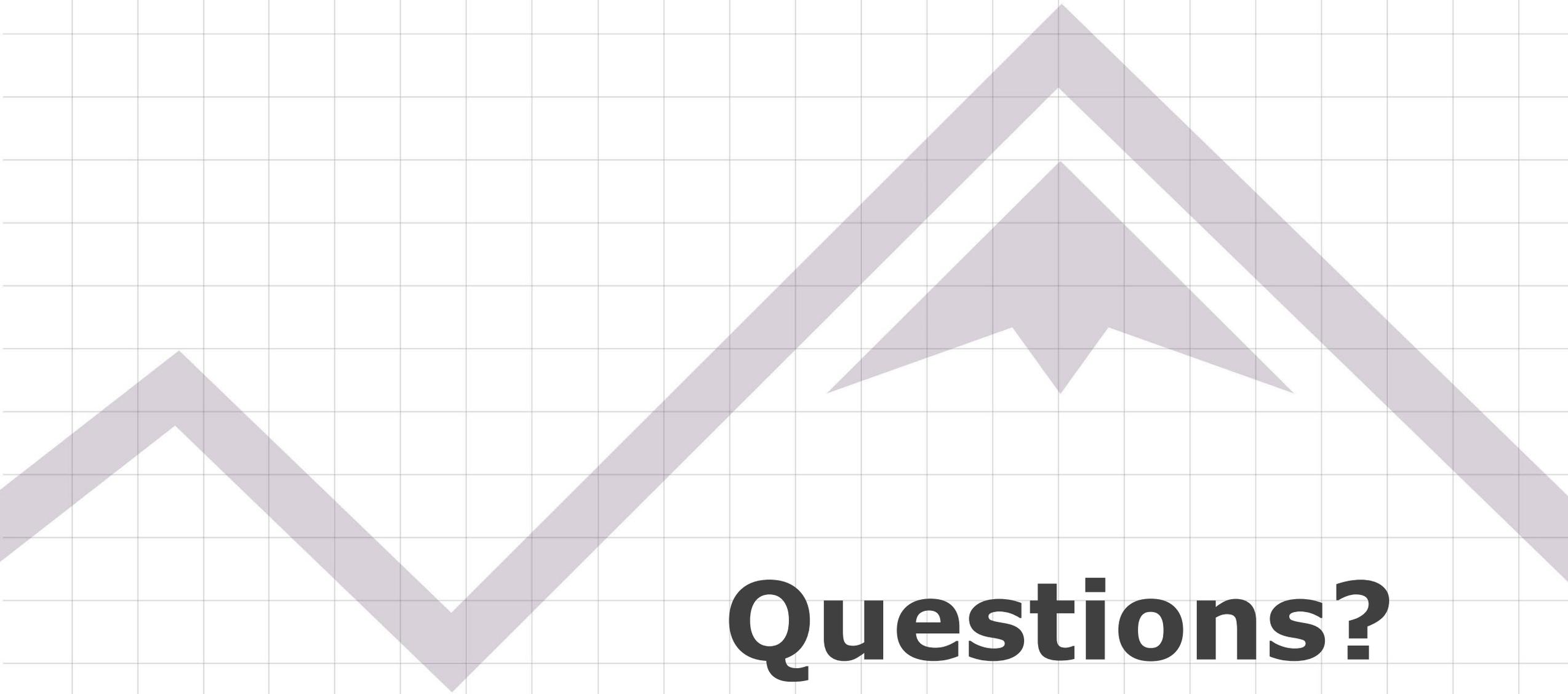


- Behind the Numbers

What Is Coming Up Next

A decorative graphic consisting of several overlapping, semi-transparent triangles in shades of purple and lavender, creating a layered, mountain-like or abstract geometric shape that spans the width of the slide.

- Broadband Access
- Oral Health
- LGBTQ+ Health
- Culturally Competent and Relevant Care



Questions?

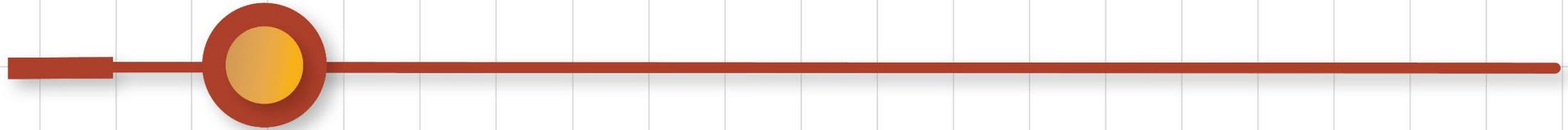


Reach out to Lindsey Whittington or Kristi Arellano with questions or if you are interested in having CHI provide a CHAS presentation to your organization.

Whittingtonl@coloradohealthinstitute.org

Arellanok@coloradohealthinstitute.org

COLORADO HEALTH ACCESS SURVEY



Thank You