Metro Denver Community-Clinical Linkages for Chronic Disease Prevention and Management



Join the Metro Denver Partnership for Health (MDPH) to improve health outcomes related to common chronic diseases by becoming part of a learning network that promotes health equity by:

- ▶ Increasing trust and partnerships across sectors and with the community to support overall health and well-being of people and families
- ▶ Improving access to resources and services
- Enhancing intentional investments to address resource gaps and capacity

Purpose of This Learning Network

The Community-Clinical Linkages for Chronic Disease Prevention and Management learning network aims to build and strengthen relationships and coordination among community and clinical organizations. This network serves people with diabetes, heart disease, and related risk factors such as prediabetes, high blood pressure, high cholesterol, and food insecurity. The long-term goal is to improve chronic disease prevention and management among people living in the metro area.

Activities and Timeline

Clinical sites that provide screenings to assess diabetes, heart disease, and related risk factors are invited to participate in the network. Community-based sites that offer evidence-based programming, such as the National Diabetes Prevention Program, Diabetes Self-Management Education and Support Program, Self-Measured Blood Pressure Monitoring Program, Blood Pressure Self-Monitoring Program, and those that provide food and nutrition-related resources and services are also invited to participate in the network.

The learning network launched in July 2023 and will continue through June 2026, with additional sites added over time. Community and clinical organizations will receive a stipend to support staff costs to participate in network-related activities. Community and clinical learning sites will engage in the following activities, coordinated and supported by the Colorado Health Institute.

Activities

Community and Clinical Learning Sites:

- ▶ Build relationships and develop screening and referral workflows to connect people to evidence-based programs and food and nutrition-related resources.
- ▶ Participate in workgroup meetings to:
 - Support coordination of activities across learning sites, identifying what is working well and what may be improved (e.g., referral workflows, communication, technology). Develop and adopt recommendations as applicable.
- Discuss and plan community engagement events and activities.
- ▶ Coordinate referrals with partnering clinical and community learning sites.
- ▶ Participate in evaluation reporting activities, including lessons learned, best practices, program and community resource utilization.
- ▶ Participate in sustainability planning activities.

Colorado Health Institute:

- ▶ Plan and facilitate recruitment, onboarding and relationship-building activities, and workgroup meetings across learning sites.
- ▶ Provide technical assistance and training to support relationships and coordination across sites.
- ▶ Collaborate with learning sites and community engagement partners to plan for and facilitate community engagement activities.
- ▶ Collect and manage evaluation reporting activities across learning sites.
- ▶ Develop final report of demonstrated best practices for communityclinical linkages to support prevention and management of diabetes and heart disease.

Supported by the Cancer, Cardiovascular, and Pulmonary Disease Grant Program. For more information or to express your interest, visit the <u>Metro Denver Connected Community of Care webpage</u>, or contact Lauren Bell at the Colorado Health Institute: <u>BellL@coloradohealthinstitute.org</u>.

About MDPH: MDPH is a collaboration of local public health agencies, health systems, and Regional Accountable Entities working alongside leaders in health alliances, community-based organizations, behavioral health, and human service agencies. MDPH's work impacts roughly 3 million Coloradans who live in the seven metro counties of Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, and Jefferson. MDPH's convener and facilitator, the Colorado Health Institute, serves as its administrative, coordinating, and fiscal hub.