



Welcome!

Please take your seats.
The show will begin at 10:45.

Three Small Plays About Big Changes in the Doctor's Office

Understanding Behavioral Health Integration

DECEMBER 7, 2017



SCENE ONE

COORDINATION



Scene One Discussion

Do you think that Samuel will visit the behavioral health provider?
Why or why not?

Setting The Stage



11.8%

of Coloradans report
poor mental health, up
from **9.9 percent** in 2015

Source: 2015 and 2017 Colorado Health Access Survey

Scene One: Coordinated Care

Pros:

- Each practice can operate autonomously
- Format is familiar to patients, physicians

Cons:

- Services can overlap or work against each other
- Lack of coordination can lead to missed diagnoses



SCENE TWO

CO-LOCATION



Scene Two Discussion

- What was different about this encounter?
- Can you identify any opportunities that would improve this patient's experience?

Setting the Stage

71%

of Coloradans
with at least
one mental
health visit
saw or spoke
to a general
doctor about
mental health.

Source: 2017 Colorado
Health Access Survey

Scene Two: Co-Located Care

Pros:

- Allows for better coordination of care, professional relationships between providers
- Referrals are more successful due to proximity

Cons:

- Proximity may not lead to collaboration
- System issues may limit integration
- Limited flexibility if traditional roles are maintained



SCENE THREE

INTEGRATION



Scene Three Discussion

- What problems is this approach solving?
- What problems is this approach creating?
- What factors might influence the level of integration a practice pursues?

Integrated Care

Pros:

- Collaboration can lead to improved patient outcomes and whole-person care
- System barriers are removed, which allows for better team-based care approach

Cons:

- System changes can be hard to accommodate
- Sustainability issues can stress a practice
- Expensive to implement

Talkback

- **Ruth Benton**, CEO, New West Physicians
- **Barbara Martin**, State Innovation Model (SIM) Director, State of Colorado
- **Ashlie Brown**, Director of the SIM Extension Service, CHI



SIM

State Innovation Model

December 7, 2017
Hot Issues in Health Conference

INNOVATE

INTEGRATE

TRANSFORM



Fund - The Colorado State Innovation Model (SIM) is funded by the Centers for Medicare & Medicaid Services to encourage transformation of healthcare payment and delivery systems.



Collaborate - Colorado was the only SIM state to focus on the integration of behavioral and physical health in primary care settings with the support of public and private payers.



Integrate - This governor's office initiative will help 400 primary care practices and 4 community mental health centers integrate physical and behavioral health.

**Increase access
to integrated care for 80% of Coloradans**

Payment Reform

Development and implementation of value-based payment models that incentive integration and improve quality of care.

Practice Transformation

Support for practices as they accept new payment models and integrate behavioral and physical healthcare.

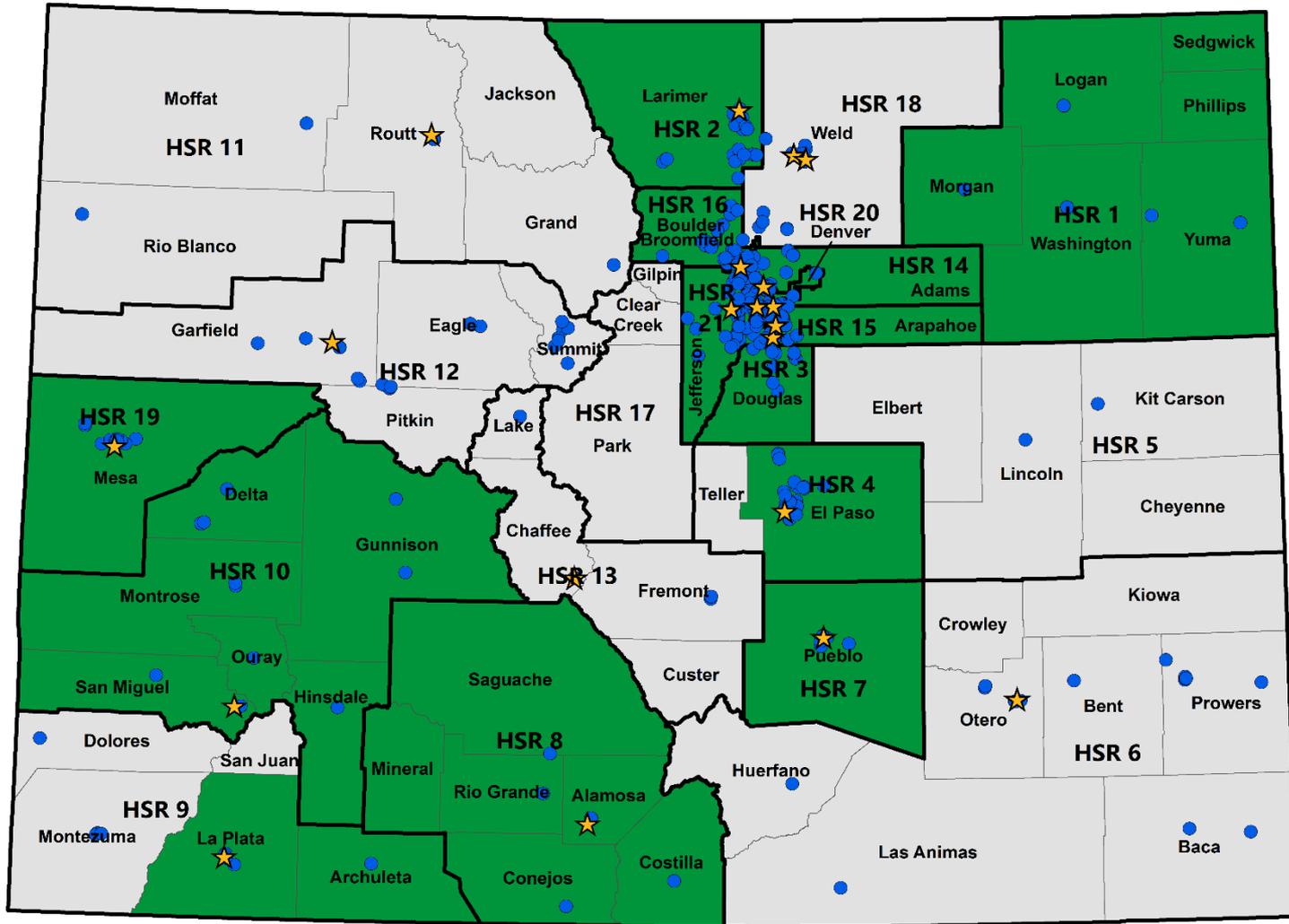
Population Health

Engaging communities in prevention, education, and improving access to integrated care.

HIT

Secure and efficient use of technology across health and non-health sectors in order to advance integration and improve health.

EXPANDING ACCESS



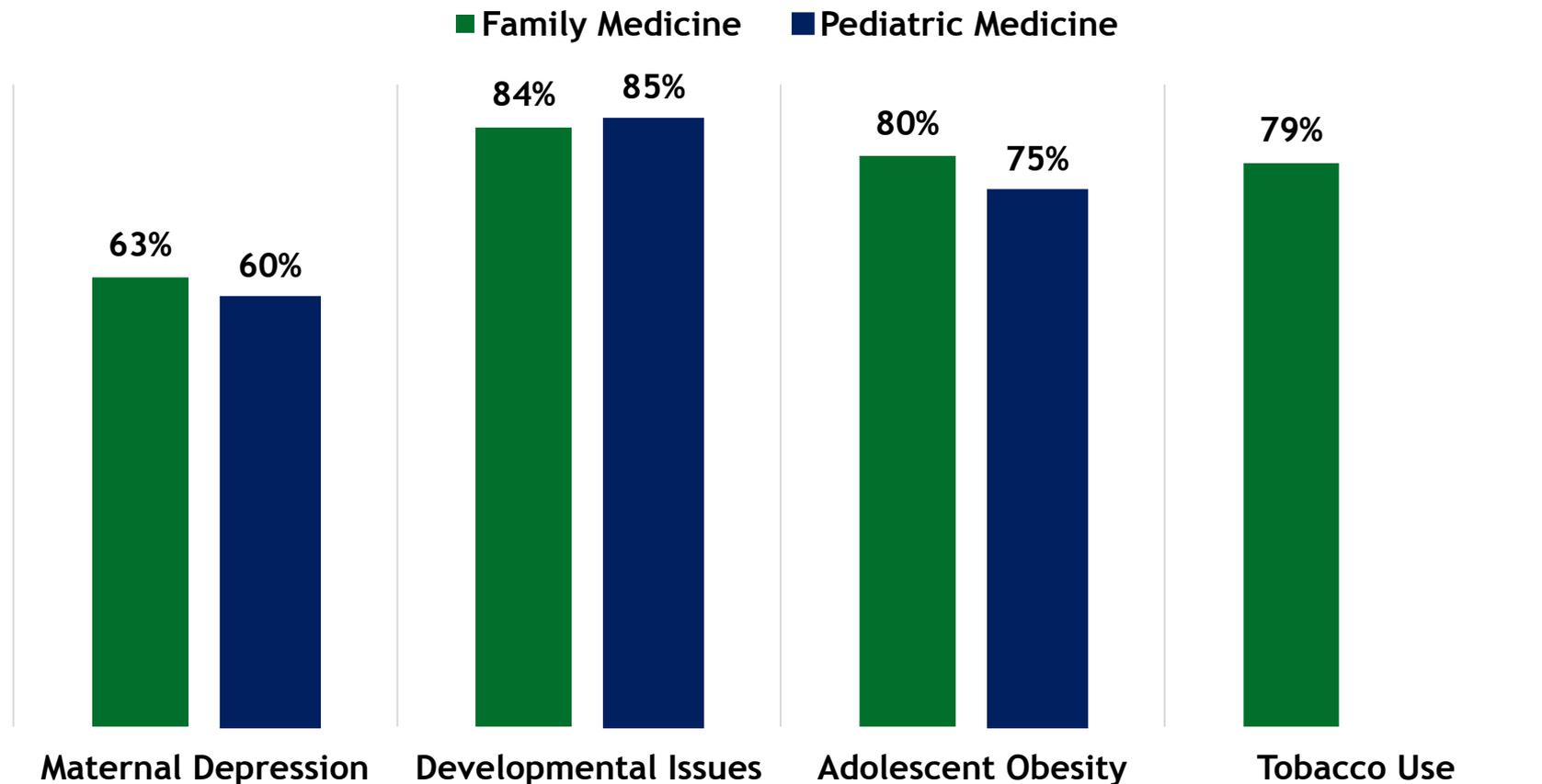
 SIM-Funded LPHA County

 RHC Region

 RHC Host Organizations

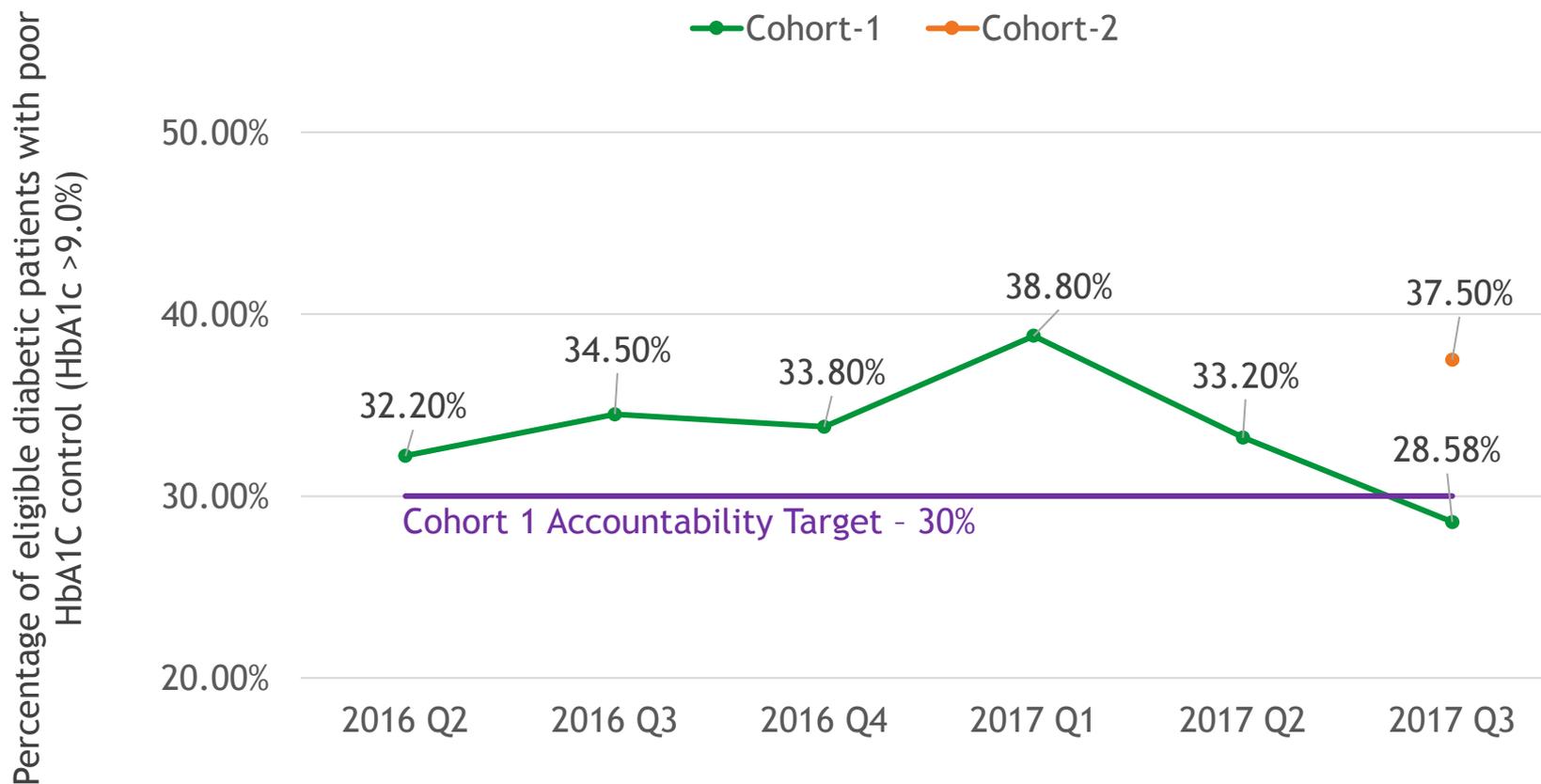
 SIM Practices

SIM practices are screening more patients to identify and address issues early. In Q2 2017 family medicine and pediatric practices, respectively, screened:



Early progress on diabetes clinical quality measure

Change in aggregate percentage of patients with diabetes with poor HbA1c control in SIM primary care sites





**One last chance to
participate in SIM.
Encourage practices
to apply for Cohort 3.**

The application is open!
Release date: November 15
Deadline: January 10
Learn more: bit.ly/2yNCSxt



SIM

State Innovation Model

THANK YOU!



COLORADO
Office of the Governor
Gov. John Hickenlooper

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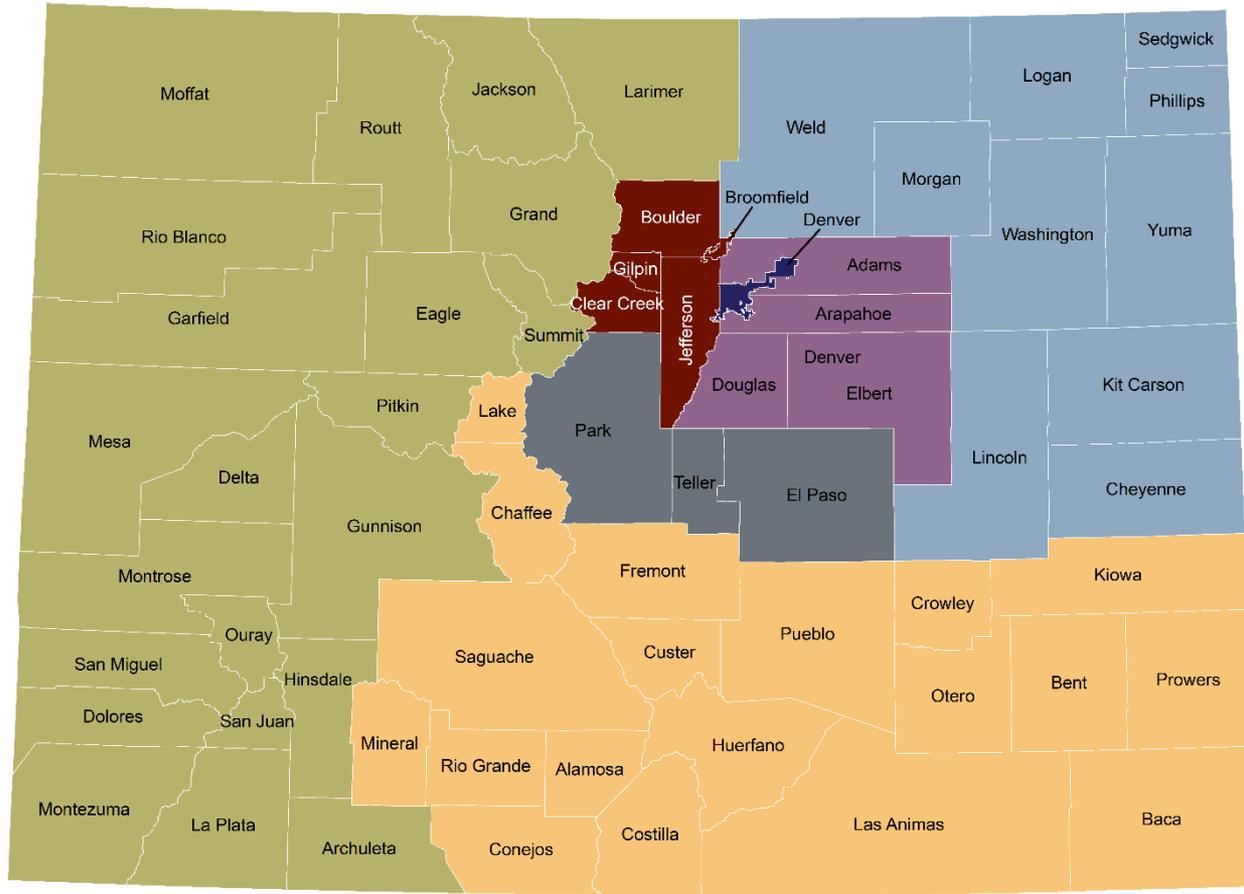
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Integration in Action: The Big Idea of Accountable Care Collaborative (ACC) Phase Two



Regional Accountable Entity (RAE) Regions



- Region 1, Rocky Mountain Health Plans
- Region 4, Health Colorado Inc
- Region 7, Colorado Community Health Alliance
- Region 2, Northeast Health Partners
- Region 5, Colorado Access
- Region 6, Colorado Community Health Alliance
- Region 3, Colorado Access



What to Watch in 2018:

Primary care practices can be reimbursed for up to six behavioral health sessions.



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Key Takeaways

1. The integration of primary care and behavioral health holds promise for improving access to care and quality.
2. Many factors influence the degree of integration a practice pursues.
3. The State Innovation Model (SIM) and Medicaid Accountable Care Collaborative are moving Colorado toward greater integration.



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