A recovery-oriented system of care is a circle with recovery at the center and recovery services integrated into every component of care.

Recovery-Oriented Prevention: Prevention approaches create environments and systems where people can be healthy. These systems are important for people at all stages, and recovery-oriented prevention specifically helps create healthy spaces for those in recovery.

Recovery-Oriented Intervention: Efforts can take place in many settings (home, work, or school) by friends, family, health providers, and community members. These interventions optimally align with patient-centered goals.

Recovery-Oriented Treatment: Recovery-oriented treatment is clinical services that focus on linking all measures of success to long-term recovery outcomes, and empower people to choose their own path to recovery.

Recovery Support Services: Support programs are often staffed by people with shared experiences of substance use recovery. Programs include one-to-one support, group support, and substance-free social activities.
Building the Plan

The Recovery Advisory Committee engaged nearly 400 Coloradans with lived experience of recovery and their allies to develop the plan.

- Conducted an environmental scan and review of best practices.
- Hosted three community listening sessions and seven key informant interviews.
- Surveyed 335 people from 40 counties in recovery, their families and statewide providers.
- Established and facilitated a Recovery Advisory Committee of people with lived experience.
- Identified and prioritized three strategic objectives and 11 strategies.

Colorado’s Statewide Strategic Plan for Substance Use Disorder Recovery

**STRATEGIC OBJECTIVE ONE:** Create a Recovery-Oriented System of Care.

*Colorado has a foundation to provide and sustain recovery support services.*

- Create sustained targeted funding opportunities to support existing recovery support services or develop new services.
- Equip funders to use language that is inclusive of recovery.
- Implement systematic data collection to assess and monitor recovery.
- Promote recovery as a priority issue in behavioral health discussions.

**STRATEGIC OBJECTIVE TWO:** Provide Recovery-Oriented Clinical Care.

*Colorado’s healthcare providers identify recovery as a goal for patients, and connect patients to recovery support services.*

- Equip the entire health care system — from primary care community providers to acute care hospitals — to support people in recovery.
- Expand access to medication-assisted recovery.
- Equip substance use treatment providers to connect people in recovery to supports as part of their treatment or service plans.

**STRATEGIC OBJECTIVE THREE:** Equip Communities with Recovery Support.

*Colorado’s community leaders establish and promote recovery-inclusive community supports.*

- Enable community leaders to develop and connect people to recovery support services.
- Strengthen communities by increasing access to recovery residences statewide.
- Build community by increasing access to peer-run and peer-delivered services.
- Engage law enforcement and criminal justice to discuss opportunities for providing recovery support services to people involved in the justice system.

Want to learn more? Reach out to Ingallsj@coloradohealthinstitute.org or Jennifer.Place@CUAnschutz.edu

Substance Abuse and Mental Health Services Administration